



SPORTS | C1

RAISING THE BAR

Like the sub-four minute mile, running a marathon in less than two hours had seemed impossible — until Saturday



LOCAL | B1

EQUAL JUSTICE?

Advocates say prostituted women who accuse men of rape receive disparate treatment from the criminal justice system

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Sunday, October 13, 2019

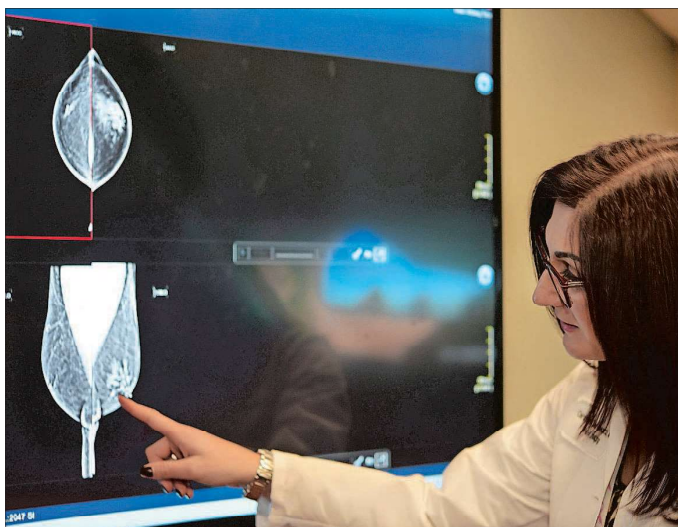
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BUSINESS | E1

NEW SUNDAY BUSINESS MATTERS

The Sunday Telegram has moved the Business Matters section from an inserted tab to full broadsheet pages in the E Section. See the Telegram & Gazette for more local business news in the daily newspaper. We also plan to launch a new Business at Noon newsletter.

A touch of blue for men's breast cancer awareness



Dr. Carolyn DeBenedictis, diagnostic radiologist at UMass Memorial Medical Center in Worcester, with mammograms at left, one of which is male. [T&G STAFF/CHRISTINE PETERSON]

While breast cancer in men is rare, this year about 2,670 new cases will be diagnosed and about 500 men will die from the disease

By Susan Spence
Telegram & Gazette Staff

Prostate cancer, colon cancer, lung cancer. These are the diseases most men think about when talking to their doctors about preventive screening. But breast cancer?

Unless there's a symptom, typically, "They don't check and we don't look," said Dr. Anne C. Larkin, a surgical oncologist at UMass Memorial Medical Center in Worcester and senior associate dean of educational affairs at the University of Massachusetts Medical School.

While breast cancer in men is rare — less than 1% of all diagnosed breast cancers — this year about 2,670 new cases of invasive breast cancer will be diagnosed and about 500 men will die from breast cancer, according to the American Cancer Society.

A man has a one in 83 lifetime risk of developing breast cancer, compared with about a one in eight chance over an 80-year lifespan for women.

See **CANCER**, A10

Pendulum swinging toward Democrats

Impeachment proceedings put pressure on Trump

By Paul Kane
The Washington Post

WASHINGTON — For months, House Speaker Nancy Pelosi, D-Calif., cited one compelling reason to hold off impeachment proceedings against President Donald Trump: "public sentiment."

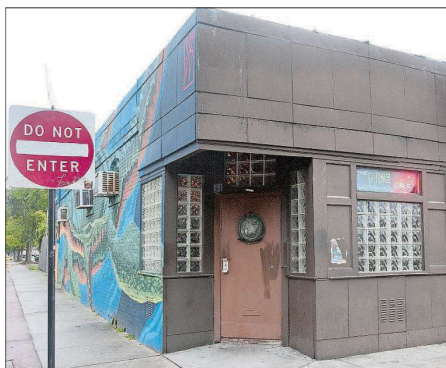
Pelosi regularly mentioned an Abraham Lincoln quote about shaping support for abolishing slavery — "Public sentiment is everything," the future president said in a 1858 speech — to set up a precondition for launching an impeachment inquiry.

Now, Pelosi finds the Democrats with much stronger public sentiment than originally anticipated almost three weeks after she green-lighted an impeachment probe into Trump's pressure on a foreign leader to investigate his domestic political rival.

Every public poll since that Sept. 24 announcement has shown movement toward an impeachment inquiry, but deeper inside the polls are even better signs for Democrats, and worse ones for Trump. For now, Democrats are standing on solid ground that, even though removing the president from office remains a long shot, they have a chance to move through this process without inflicting political pain on themselves and possibly creating an overall net benefit.

See **DEM5**, A10

The Dive Bar goes out on its own terms



The Dive Bar on Green Street in Worcester is closing its door on Nov. 2. [T&G STAFF/RICK CINCLAIR]

By Sarah Connell Sanders
Correspondent

WORCESTER — The Dive Bar at 34 Green St. will close on Nov. 2, according to owners Alec Lopez and Sherri Sadowski. The couple explained that building owner Salvatore Molinari has plans to launch a family business on the site in conjunction with the completion of Polar Park in spring of 2021.

Lopez and Sadowski were recently given the option of signing a short-term lease, but declined based on a number of infrastructure issues that needed to be addressed. "They haven't done a repair in a long time; it's obvious when you look at the building," Lopez said, adding, "The Dive Bar's two neighboring retail spaces have been empty for more than 14 years."

Under the direction of Lopez and Sadowski, The Dive Bar has had a global influence on the craft beer scene. Michael Bernfeld, general

manager of the Craft Brewers Guild, is credited with coining the term "The Dive Bar effect," referring to the bar's powerful influence over market trends.

Leaving on their own terms was important to Lopez and Sadowski. "The passion for what we do isn't in trading water. It's about making progress," Sadowski said, "And, it has been an amazing run."

The Dive's Many Lives

When Lopez began working at The Dive Bar in the mid-'90s, a small group of nightclubs with powerful sound systems and a collection of pubs with jukeboxes dominated the college bar scene.

"The Dive took a neighborhood bar and fused it with a nightclub sound system," Lopez recalled. "Every single night, we had three door guys and four bartenders."

See **BAR**, A10

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CANCER

From Page A1

Matthew Knowles, better known as the father and former manager of pop singers Beyoncé and Solange Knowles, revealed earlier this month that he has received treatment for breast cancer. Amidst the sea of pink signifying National Breast Cancer Awareness Month, Knowles, 67, has spoken on national TV and in newspaper interviews about the need for men to be aware they could develop breast cancer too.

Everett Heller, 73, a retired engineer from Sterling, has had both breasts removed since he discovered a lump behind his left nipple a few years ago. The lump didn't go away so he went to see his primary care physician, who sent him to UMass Memorial HealthAlliance - Clinton Hospital for a mammogram.

"The anticipated discomfort of having a mammogram was 'nothing,'" Heller said. The results, however, were questionable. He then had a biopsy, which came back with a positive diagnosis of cancer.

Heller continues to take tamoxifen to block estrogen and reduce the risk of recurrence or growth of cancer cells.

"I really think that men need to know," Heller said. "So many say they can't get it."

"The only time as a patient Heller experienced awkwardness about his gender was when he went to the Leominster campus of UMass Memorial HealthAlliance for a mammogram, and there were signs at the door leading to the mammography unit indicating the area was for women only.

Hospital staff ended up escorting him in through a back door.

Heller is considered at high risk for breast and other cancers because his mother had a BRCA 2 gene mutation, one of a few genetic mutations that greatly increase certain cancer risks. His two younger sisters also had breast cancer.

Larkin, Heller's physician, said any time a man comes in with breast cancer, it is recommended that his entire family get checked for genetic abnormalities which could put them at high risk.

Treatment for breast cancer in men is "really in lock step with the way women are treated," Larkin said, except that men don't have simple lumpectomies because they have less breast tissue. A lumpectomy, in which only the tumor and some surrounding tissue is removed, is often done in early-stage breast cancer in women to conserve as much of the breast as possible.

Heller said he has two 3-inch scars where his nipples were on his chest, but, "it's no big deal."

The trade-offs of diagnosing and treating his breast cancer were well worth it for a man who is still active as a local government volunteer, a photography teacher and a docent at the American Heritage Museum in Clinton.

He said, "I'm retired, I'm having fun with my life."

Unfortunately, men who are at high risk of breast cancer



U.S. Air Force veteran Everett Heller volunteers as a docent at the American Heritage Museum in Hudson Friday. He is a breast cancer survivor. (T&G STAFF/RICK CINCLAIR)

At a glance

Men have a one in 833 lifetime risk of developing breast cancer, compared with about a one in eight chance over an 80-year lifespan for women

aren't being screened as often as they should, resulting in detection at a later stage when there's higher mortality, according to Dr. Carolyn M. DeBenedictis, a diagnostic radiologist at UMass Memorial and director of the radiology residency program.

She said women are usually diagnosed with breast cancer at stage 1, when it is most easily treated. Forty percent of men with breast cancer are diagnosed at stage 3 or 4, when cancer cells have spread beyond the tumor and potentially to different areas of the body.

"The reason for this is, they're not screened," DeBenedictis said.

Only 13.2% of high-risk men were being screened, said DeBenedictis. "If we screened these high risk men, it could change their (cancer) profile."

Men have a 19% higher chance of dying from breast cancer within five years of diagnosis than female patients, a study published Sept. 19 in the medical journal JAMA Oncology reported. The five-year overall survival rate after a diagnosis of breast cancer was 77.6% for men, compared with 86.4% for women, according to researchers.

The study identified possible contributing factors such as a lack of adequate treatment for many men with breast cancer and later diagnosis of the disease in men than in women.

Men are considered at high risk if they have a family history of breast cancer; a personal history of breast cancer; or a BRCA or other genetic mutation.

Other risk factors include older age (older than 60); exposure to estrogen; Klinefelter's syndrome (when boys are born with more than one copy of the X chromosome); liver disease; obesity; and having testicle disease or surgery, according to the Mayo Clinic.

At least two recent studies have suggested that men at high risk for breast cancer could benefit from preventive screening, said DeBenedictis. Currently there are no formal recommendations for male breast cancer screening.

UMass Memorial performed diagnostic mammograms on

at least 14 men in the last two weeks, DeBenedictis said. None resulted in a cancer diagnosis, but referring physicians and patients may be more aware that the risk is real.

DeBenedictis said improvements in genetic testing for mutations such as BRCA1 and BRCA2 have contributed to trends, at least among women, to diagnose the disease earlier and reduce mortality rates.

She said the death rate from breast cancer in the U.S. dropped 40% between 1989 and 2017, a trend she linked to screening and more effective treatment.

"If it's good for women, it's good for these high-risk men," she said.

Every male patient who gets a breast mass is screened for BRCA mutation, said Dr. Bradley Switzer, a hematologist/oncologist with Reliant Medical Group, Switzer practices at St. Vincent Cancer and Wellness Center in Worcester and in Southboro.

Men with a BRCA mutation have a much higher risk of getting breast cancer than those without the mutation, Switzer said. Also, men and women of Ashkenazi Jewish heritage have a higher chance of carrying a BRCA mutation, so they should be particularly aware of possible indications of disease.

Still, most breast cancers occur in men and women without a genetic risk.

Switzer said he sees women and men more willing to talk about breast cancer than they were a few decades ago, thanks in part to organizations such as Susan G. Komen.

On the flip side, he still sees women with large, undetected masses who were unaware or afraid to have it checked.

"Most men, if they see something, they check it out. Men are kind of big babies about this," Switzer said. "I think that's a culture change over the last 20 years."

He encouraged men to check their nipples and breasts, looking for any changes, lumps, puckering or discharge, just as women have been encouraged to perform mammal breast self-exams.

"They should keep an eye out because it can happen," he said.

Knowles, the pop stars' dad, suggested to the New York Times that "chest cancer" might be a better term for men who are uncomfortable.

He told the Times, "That's the barrier for them. They just can't get past that word."

DEMS

From Page A1

One critical way to understand how the ground shifted is by measuring each side's most energized supporters, and for most of this year Trump's fanatics far out-ranked the president's most fervent opponents.

In four surveys, from January through July, The Washington Post-Schar School poll found those "strongly" supporting an impeachment inquiry ranging between 29% and 33%. Those who "strongly" opposed impeachment proceedings ranged from 42% to 46%.

Those findings echoed how the public reacted to the impeachment effort in 100% of President Clinton, which never had much support and ricocheted against the House GOP majority in the months before the president's re-elections after they made it the centerpiece of their campaign that year.

Clinton and Trump's standings could not have been more different two decades apart - the former's approval rating never dropped below 62% in 1998, according to the Pew Research Center, while the latter's has hovered around 40% this year.

Yet the public seemed just as reluctant to begin impeachment against Trump as voters were opposed to impeaching Clinton. That reinforced Pelosi's calculation to hold back starting an inquiry out of fear it would backfire against Democrats in 2020 the way it did against Republicans in 1998.

But then came revelations, beginning with a whistleblower report, that Trump had pressured Ukraine officials to investigate a top 2020 Democratic rival, former Vice President Joe Biden, and his son Hunter.

Without the benefit of public polling, Pelosi shifted gears and began a formal inquiry, led by the House Intelligence Committee and other panels. A risky move that might still rebound against Democrats has paid off - so far.

In the weeks since the Ukraine story broke, the sentiment at the core has flipped. Now, 43% of voters

"There's just so much stuff swirling. I think the public is in a very fluid situation right now."

Dave Winston, a Republican pollster

"strongly" support Pelosi's move to start impeachment proceedings, according to The Post-Schar Poll, while just 29% "strongly" oppose the Democratic inquiry.

Some veterans of the most recent impeachment war see a clear distinction in how the public viewed the two scandals.

"The public was actually ahead of the politicians," Rahim Emanuel, a senior adviser to Clinton in 1998 who went on to serve in Congress, White House chief of staff and Chicago mayor, said in a recent interview. "The public knew there was distinction between a marital vow and a presidential oath."

The Clinton impeachment trial set a standard. Will it resonate in today's Senate? In the Ukraine matter, Trump is directly involved in some of the actions, unlike the long, complicated special counsel investigation into Russia's interference in the 2016 election that was designed to boost Trump over Hillary Clinton.

Dave Winston, a Republican pollster who served as a top aide to then-Speaker Newt Gingrich, R-Ga., in 1998, said that Bill Clinton's admission of lying about an extramarital affair took the sting out of the impeachment movement back then, leaving the public to simply question whether the offense was impeachable or not.

Now, Winston believes Democrats and Republicans have political opportunities with the impeachment inquiry. "There's just so much stuff swirling. I think the public is in a very fluid situation right now," he said.

In The Post-Schar poll, for example, 53% of voters believe Democrats are "acting to uphold their constitutional duties" in starting the impeachment process, while 42% disagreed with that.

But 50% of voters believe Democrats are "distract Congress from more important issues" by starting impeachment. Voters have grown so deeply cynical of politicians that they are

willing to believe the worst of both parties.

"They think the Democrats are motivated for partisan reasons, and they do think the Ukraine thing could be a problem," Winston said.

Normally, a president in such peril would simply turn this fight into a battle between him and Congress - something Trump has been doing - and usually that sets a path to victory because Congress is such a reviled institution.

Public job approval for Congress, as measured by the monthly Gallup Poll, has not crested 30% since August 2009, and has only topped 25% just three times in the past decade.

Even at its lowest moment 35% of Americans approved of Trump's job performance, according to Gallup.

But there are some early signs that Democrats might be able to weather this storm, or at least that congressional Republicans could come out of this situation in much worse shape.

Asked if they approve of how Democrats have handled the impeachment inquiry, 49% said yes while 44% said no. Independent voters were split, 46% to 45%, over how Democrats had handled the inquiry so far.

But the public has a terrible view of Republicans so far, with just 33% approving of how they responded to the inquiry and 66% opposed to the GOP response.

A lot of this current standing could fall apart, particularly if voters begin to see Democrats turning the process into the type of political theater that confirms their most cynical instincts toward Congress.

Democrats, in some ways, are now taking Lincoln's 1858 words to heart, not merely as observers of public sentiment but forcefully engaged in trying to shape voters' minds to support their actions.

"Consequently he who molds public sentiment, goes deeper than he who enacts statutes or pronounces decisions," Lincoln wrote. "He makes statutes and decisions possible or impossible."

BAR

From Page A1

During that era, The Dive Bar was recognized by national publications such as Playboy, Maxim and Stuff Magazine for being one of the best dive bars in the country. Competitors soon caught on to their formula, investing in high-end and sound equipment of their own.

Lopez secured an ownership stake from Paul Durkee and Jimmy Howarth and began to make some changes. Sadowski remembers sitting at a red light on Burncoat Street when Lopez got the call informing him that Guinness was out of stock.

"At the time, Irish Car Bombs were all the rage - college kids would go somewhere like the invention of Lopez and Sadowski's award-winning restaurant, Arnsby Abbey, which opened at 144 Main St. in 2008.

At that point, The Dive Bar took on new life as a music venue. Local musician Duncan Arsenault treated the task of booking shows as seriously as Lopez treated the beer. The Dive Bar hosted big names such as Dub Apocalypse, Dopapod,

Dana Colley of Morphine, and Shana Morrison (daughter of Van Morrison), among many others.

Somewhere around 2009, the music began to fade. With the addition of a thriving patio space out back, Sadowski observed a spike in sales on evenings without performances. The patio featured hop vines and an ever-evolving mural. By the summer of 2017, The Dive Bar finally got food, thanks to former Arnsby Abbey employee Jonathan Demoga. Demoga's food truck, MammaKoux, took up permanent residency on the patio, serving southern and Gulf Coast fare.

There are four distinct eras in Lopez's mind: the college bar, the beer bar, the music venue, and the beer garden. The thought of The Dive Bar closing makes Lopez emotional, but he contends, "It would be irresponsible to stay."

The Last Round

"The landlord is very emotionally attached to the building because it's been in his family for a long time," Lopez said, adding, "The family has their own history there and I'm just a tenant, even though it has been 25 years."

Lopez and Sadowski were told they could stay on occasions, to no avail. This led to the completion of the ballpark, but they felt the amount of electrical and plumbing costs necessary to maintain their insurance would be astronomical.

"There's a son in the picture now and he wants to make his mark on that building," Lopez explained. "My understanding is that he wants to create his own business, and maybe add a couple of other businesses as well."

Lopez is doing his best to

rationalize the circumstances.

"If you look at it from our side, we had frustrations about not being able to invest any money because we never had a lease that was more than a couple years long - if we had one at all. It has been a battle. I mean, The Dive Bar and I want it to stay 'divey,' but you still want it to be safe and clean," he said.

Sadowski and Lopez will commemorate The Dive Bar's closing with special T-shirts designed by artist Heidi Geist, which will be available at a final farewell on Nov. 2.

If you want to understand The Dive Bar's pervasive history one need only look to a YouTube video featuring Bill Coleman, Rick Rushton, Gary Rosen and Konnie Lukes engaging in a contentious mayoral debate during October of 2007. A woman from the crowd asks, "If you were mayor and there was a giant abandoned shopping mall in the middle of the city that someone was pretending to build into something useful, what would you do?"

At that moment, Lopez drops a glass behind the bar and the audience erupts in cheers. The camera pans to the crowd and rests for a split second on one spectator, Worcester's current mayor, Joseph M. Petty. It is the perfect freeze-frame of Worcester's past and future colliding in real time in the throes of new development. "I have a million stories, and a million people have their own million stories," said Lopez. "For me, honestly, in the last couple of days I've had the most joy realizing how much has been documented by so many people that loved their experience at The Dive so much that they felt compelled to immortalize it and share it with as many people as possible. What else could you ever want?"

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