

# 2025-2026 Cohort Brochure

## Clinical Psychology Doctoral Internship

WORCESTER, MASSACHUSETTS

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# UMass Chan-WRCH Doctoral Internship in Clinical Psychology

UNIVERSITY OF MASSACHUSETTS CHAN MEDICAL SCHOOL  
WORCESTER RECOVERY CENTER AND HOSPITAL  
WORCESTER, MASSACHUSETTS

## Overview

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The University of Massachusetts Chan Medical School (UMass Chan) and Worcester Recovery Center and Hospital (WRCH) offer a doctoral internship in psychology. The internship began as a training program in clinical psychology in 1922 at the former Worcester State Hospital (WSH), the site at which Dr. David Shakow pioneered the scientist-practitioner training model. The internship was accredited in 1957 when the American Psychological Association began accrediting doctoral internships, and it has been continuously accredited since then. The UMass Chan Psychiatry Department was founded in 1978, and the WSH internship eventually merged with that department but continued offering generalist inpatient training experiences at WSH (and now WRCH) as well as opportunities for those seeking eventual specialization in forensic psychology. The internship is a member of the Association of Psychology Postdoctoral and Internship Centers and is one of the oldest continuously offered internships in psychology in the country.

The doctoral internship is one of the training components of the larger UMass Chan Comprehensive Psychology Training Program at WRCH. Established in 2024 by a training grant from the Massachusetts Department of Mental Health (DMH), the UMass Chan Comprehensive Psychology Training Program includes three levels of sequential clinical training: pre-doctoral advanced practicum training (i.e., for 3<sup>rd</sup> or 4<sup>th</sup> year students in doctoral psychology programs), the doctoral internship, and postdoctoral fellows (for those seeking specialization in working with individuals with severe mental illness). The Comprehensive Training Program was designed in response to an identified need to provide a more robust pathway for careers into DMH and Massachusetts' public sector system (notably admittance into any one level of training does not guarantee acceptance into the next tier). For further information about the UMass Chan Comprehensive Psychology Training Program, please contact the internship's Training Director.

The internship program will offer four full-time funded positions in 2025-2026 that will each carry a stipend of \$40,000 per year with an additional professional allowance and benefits. We will have two tracks: a general inpatient/severe mental illness track (2 intern positions) and a forensic

evaluation track (2 intern positions). Applicants may apply to/will be considered for **one track only**. All rotations listed in this brochure are available to interns in both tracks with the exception of the UMass Chan Forensic Evaluation Rotation at WRCH, which is limited to the interns in the forensic evaluation track.

\*Internship applicants must be in good standing in a doctoral psychology program accredited by the American Psychological Association or Canadian Psychological Association. Applicants must have completed at least two years of graduate study prior to the internship year. Applicants must have completed appropriate practica and be approved by their Director of Training as prepared for internship. Preference will be given to students from clinical psychology programs, but we also consider students from counseling and school psychology programs. Preference will also be given to trainees with 400 intervention and 100 assessment hours (500 total direct).

The contact information for the Commission on Accreditation of the American Psychological Association is:

Office of Program Consultation and Accreditation  
American Psychological Association  
750 First Street, NE  
Washington, DC 20002-4242  
(202) 336-5979  
[apaaccred@apa.org](mailto:apaaccred@apa.org)

*Requests for information should be sent to:*

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**Deadline:** Applications must be received no later than November 1, 2024.

# 2025-2026 Cohort Brochure

## Clinical Psychology Doctoral Internship

WORCESTER, MASSACHUSETTS

### Our Psychology Training Program

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#### Training Philosophy

The University of Massachusetts Chan Medical School (UMass Chan) and Worcester Recovery Center and Hospital (WRCH) doctoral internship is designed to provide an American Psychological Association accredited internship to students from doctoral programs in psychology. The overarching aim of our internship training is to equip emerging psychologists with the knowledge, skills, and experience relevant to offering professional clinical services to individuals with serious mental illness. The program allows interns to match with one of two tracks: the General Inpatient/Severe Mental Illness track and the Forensic Evaluation Track, with the latter track providing some increased exposure to forensic mental health assessment. Both tracks are intended to prepare interns to function professionally in a variety of public sector contexts, including the Massachusetts Department of Mental Health (DMH).

Our mission is to provide training experiences across a broad range of ages, ethnic backgrounds, diagnostic presentations and psychopathology, and types of assessment and intervention approaches with an additional focus on person-centered recovery and wellness. Our philosophy of training is an extension of the scientist-practitioner model of psychology training developed by Dr. David Shakow at Worcester State Hospital. This training includes a focus on interdisciplinary clinical service, research, and supervision. We believe that the context for training should also be broad rather than narrow, based on principles rather than particular techniques. Because interns have diverse backgrounds and interests, we are particularly attentive to individual differences in training needs. Under the guidance of the Director of Training, a variety of opportunities and resources are available for interns to develop a program in keeping with their unique interests and professional goals.

As stated by Dr. Shakow in a 1946 article describing the Worcester State Hospital internship program, “Another principle emphasized from the beginning was the social responsibility which contact with patients involves. The fact that the intern’s findings might actually play a significant role in the disposition of a case required not only an appreciation and respect for the subject as a person, but also an understanding of the social implications of his examination.” Respect for the dignity and rights of those with whom the intern works continues to be central to our training philosophy.

## Setting

The UMass Chan and WRCH campuses are located in Worcester, MA, within walking distance of each other. Worcester is New England's second largest city and an active, vibrant and energetic community. There are numerous institutions of higher education, and downtown Worcester is in the midst of a dynamic revitalization, with recent development projects including Polar Park (home of the Red Sox minor league team) and other commercial and entertainment initiatives.

Worcester Recovery Center and Hospital (WRCH) is the primary training site of the internship and is located on the site of a developing health and research biotechnology park. Formerly named Worcester State Hospital, the current census (~300) is dramatically lower than the 2,800 patients served in the 1950's and represents a wide cross section of severe and persistent mental disorders. Between 50 and 70% of this population has a co-occurring substance use disorder and significant medical co-morbidities. In addition to the adult admission and continuing care psychiatric units, the hospital has two adolescent continuing care treatment units. A forensic service (composed of evaluators from UMass Chan and the Department of Mental Health) provides forensic mental health assessment services to the hospital.

UMass Chan is Massachusetts' first and only public academic health sciences center, and its training focus includes an emphasis on practice in the public sector and in underserved areas. The school was established in 1962 as the University of Massachusetts Medical School. Following a transformational financial gift from The Morningside Foundation in 2021, the school was renamed UMass Chan Medical School. Internship sites on the UMass Chan campus are located within the medical school as well as the UMass Memorial Health Care system. There is a large network of doctoral-level psychologists at UMass Chan and UMass Memorial, and many have a role in the training program.

## The Application Process

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### Admission Policy

The Internship application includes:

- The AAPI Online
- Three letters of reference
- Graduate transcripts (official)
- Curriculum vitae
- Cover letter
- One redacted psychodiagnostic testing report

Each year the internship program receives many more applications than the number of available intern positions. Most candidates are highly qualified, both in terms of academic performance and letters of recommendation, and it is often very difficult to differentiate the candidates on these bases alone. Consequently, our criteria for selection must examine other variables.

One factor to which we pay close attention is whether the training experiences that we provide are consistent with the needs and interests of the candidate, insofar as those needs and interests are expressed in the application. Although not required for acceptance to the internship, we seek applications from students who have completed practica in inpatient psychiatric settings and similar sites, and from students who have gained some experience with psychological assessment and intervention with individuals with severe mental illness. In our training sites, the intern will work with public sector clients, and we encourage applications from individuals who have some relevant training experience and future interests working in the public sector and/or with this population. The two internship tracks (General/SMI and Forensic) are designed to allow interns to gain the experiences necessary to be competitive applicants for employment or postdocs in settings that provide specialization in the care and assessment of individuals with SMI. The forensic track also prepares interns to be competitive applicants for forensic employment and postdoctoral opportunities. Overall, the match between candidates' interests and the aims of the internship are examined carefully. Therefore, in the cover letter, applicants should clearly explain how their goals align with the public sector/severe mental illness mission of the internship, and applicants should identify or list their UMass Chan-WRCH internship rotations of interest. If it is clear to us that the nature or quantity of certain experiences that a candidate seeks are unlikely to be provided on internship, we will inform the candidate of this and suggest that their training needs would be better met at a different facility. Frequently this decision is not based on the candidates' qualifications but rather on their stated professional goals and needs.

Secondly, we believe peer-group learning is an important aspect of the internship training experience. Our experience is that this learning is maximized when the interns each year come from very different professional backgrounds and represent widely divergent theoretical orientations. The UMass Chan-WRCH internship is not committed to a single theoretical position. We believe the issues in clinical psychology can be conceptualized from different theoretical stances, and interns benefit from having their ideas examined and evaluated from frameworks other than their own. This evaluation process and dialogue are as important from other interns as from supervisors. Thus, we attempt to select a heterogeneous intern group.

Thirdly, as part of our commitment to diversity, the University of Massachusetts Chan Medical School seeks to attract and educate students, and trainees who will make the population of health care

professionals representative of the national population. We are, therefore, committed to the full and meaningful inclusion of all qualified students, trainees, and employees. As part of our holistic review, consideration is also given to clinical hours that have exposed applicants to evidence-based assessment and intervention practices with a variety of populations at different levels of clinical acuity, as well as the applicants' lived experiences.

Our commitment to fostering this culture is partially reflected in our creation in 2020 of a new position in the internship leadership structure of a Director of Diversity, Equity, Inclusion, and Belonging (DEIB). The Director of DEIB serves alongside the Training Directors of the program and is involved in all aspects of recruitment and training, including assisting with didactic programming, coordinating relevant trainings on culturally humble clinical practice, and facilitating dialogue and making space for self-reflection, such as through the development of a Cultural Humility Practice and Process group, in light of critical social issues. The training leadership also partners with the UMass Chan Department of Psychiatry's Director for Diversity, Equity, and Inclusion to discuss best practices in teaching and training and ensure we are providing an inclusive and respectful environment for our trainees and staff.

## Applicant Interviews

One goal of the Intern Selection Committee is to match the training needs of the applicant with what our program has to offer. The Selection Committee will thoroughly review each completed application and identify those applicants where there is a "goodness of fit." These intern applicants will then be contacted and invited to virtually interview with members of the internship training staff on one of four interview dates in January. The interview day typically runs from about 10:00am to 3:00pm EST and will include a meeting with the current interns.

### **Interview information for applicants applying for the 2025-2026 cohort:**

#### **Dates of 2025 interviews:**

**January 3, January 9, January 17, and January 23**

#### **Interview format:**

**All applicant interviews will be virtual** and conducted entirely online. There will be no in-person interviews or planned visits to the UMass Chan-WRCH facilities.

#### **Additional important information for applicants:**

As outlined in 101 CMR 23.00, all Staff working in these settings must be vaccinated annually against seasonal influenza and remain up to date with available COVID-19 vaccines. Alternatively, Staff may choose to decline vaccination, in which case they must provide a signed declination statement



certifying that they have received information regarding the risks and benefits of the COVID-19 and/or influenza vaccines. To comply with regulatory requirements, 100% of Staff must be accounted for in one of two categories: vaccinated or declined.

Additionally, the UMass Chan Medical School requires all employees to receive the annual flu vaccine. Certain exemptions may be available for individuals with approved medical or religious reasons. Flu vaccines are available at WRCH and UMass, but if you receive it elsewhere, you will be asked to provide proof of vaccination. If you have questions about required vaccines or would like to learn more about this policy, please contact the UMass Chan-WRCH Training Director.

## The Internship Year

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**Please note: Training Opportunities are Subject to Change**

### Orientation Period

The training year typically begins on or around the first Monday in July, with an orientation period lasting approximately three to four weeks. During this period, the intern becomes acquainted with the daily routines of UMass Chan and WRCH, is given a formal introduction to the staff and programs of various departments within these facilities and is systematically introduced to the principal emphases and lines of work within the two psychology departments. As part of their orientation, the interns may be asked to participate in staff conferences, engage in diagnostic interviewing and assessment test-outs, observe admission procedures, and attend lectures on administrative and legal aspects of hospital procedures. Intensive training in interview techniques and behavioral assessment techniques is given during the orientation period to prepare the interns for a variety of clinical activities. By the end of the orientation period, interns will identify their rotation preferences by completing an individualized internship learning contract which will include both required inpatient rotations as well as other specialty rotations.

### Benefits

Interns are employees of UMass Chan Medical School. Interns receive a stipend of \$40,000 plus an additional professional allowance for relevant professional activities (e.g., conference fees and travel). Interns are provided with a choice of employee health insurance plans (cost varies). The internship year includes 80 hours (10 days) of paid vacation time plus 2 extra days of personal time, 14 holidays, and sick time. We consider many professional activities conducted outside of the internship rotations (e.g., presenting your dissertation, presenting at a conference) as part of an intern's overall

training experience and therefore would consider that regular work time (i.e., you would not be required to use vacation time).

## Community

UMass Chan Medical School and Worcester Recovery Center and Hospital provide services primarily to citizens of Worcester and other areas in central Massachusetts, although some clinics or services are statewide. The ethnic and cultural populations in central Massachusetts are diverse. As public-sector institutions, the client populations tend to be from lower socioeconomic groups. Census information for Worcester (2020) indicated the community is approximately 54% White, 23% Hispanic or Latinx, 13% Black or African American, and 7% Asian. Hospital units and clinics generally reflect the community composition, with the exception that inpatient psychiatric admissions are 75% male, 25% female.

## Structure of the Internship

Each intern engages in training activities in three areas throughout the year:

- Core track rotations in inpatient assessment and treatment,
- Other elective rotations, and
- Supervision, didactics, consulting, and other training programming

In general, about 16-24 hours per week are devoted to a core inpatient training experience, 8-16 hours to elective rotations, and one day to other training programming including four hours of didactics and four hours of flexible 'flex' time. The internship year is divided into two "semesters" (Fall and Spring), and interns typically move into a set of new rotations at the start of the second semester.

Although we follow the above structure, our program is also attentive to individual differences in training needs. Under the guidance of the Training Director, a variety of opportunities and resources is available for the intern to utilize in developing a program in keeping with their unique interests and professional goals. While some experiences are required of all interns (core rotations), our philosophy of flexibility dictates that the individual needs, interests, and professional goals of each intern must be considered in determining other supervised activities throughout the year to the extent possible (based on available resources). Through the development of an individualized learning contract at the beginning of the training year, each intern will select rotations that reflect and include the **Professional-wide competencies** of internship training at UMass Chan and WRCH.

## Example Schedules

Depending on the track (General/SMI or Forensic), each intern is required to participate in a Core Rotations (16-24 hours per week throughout the year). In addition to the Core Rotation, the intern can devote 8 to 16 hours per week throughout the year to an elective rotation(s) (the number of hours depends on your individual learning goals). Elective rotations are available at UMass Chan and WRCH (and are listed later in this brochure), but there will be an emphasis of having a balance between assessment (minimum of three integrated reports required) and intervention experiences (minimum of 10 direct face-face hours per week) across all rotations. The remaining full day is dedicated to four hours of other training programming, including group supervision, didactics, process groups (e.g., Mentoring, Cultural Humility Process Group), and other structured learning opportunities. Additionally, interns are provided four hours of flexible 'flex' time during which they can schedule various supervision, consultation, and writing tasks.

An example of a General /SMI Track schedule for the Fall semester:

Monday	Tuesday	Wednesday	Thursday	Friday
Neuropsychology elective at WRCH (8 hours)	Didactics and other training programming (4 hours)	SMI Core Inpatient Rotation at WRCH (8 hours)	SMI Core Inpatient Rotation at WRCH (8 hours)	SMI Core Inpatient Rotation at WRCH (8 hours)
	Flexible 'Flex' Time (4 hours)			

An example of a Forensic Track schedule for the Fall semester:

Monday	Tuesday	Wednesday	Thursday	Friday
Forensic Core Forensic Evaluation Rotation at WRCH (8 hours)	Didactics and other training programming (4 hours)	Forensic Core Forensic Evaluation Rotation at WRCH (8 hours)	WRCH Inpatient Additions Elective (8 hours)	UMass Chan Student Counseling Center Elective (4 hours)
	UMass Chan Student Counseling Center Elective (4 hours)			Flexible 'Flex' Time (4 hours)

# CORE rotations in the UMass Chan-WRCH Internship

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Interns apply to and will be matched into one of two tracks: a general inpatient/severe mental illness track (2 intern positions) and a forensic evaluation track (2 intern positions). Within each track, interns are expected to complete their core rotations on inpatient units throughout the year at WRCH to learn about the treatment and assessment of individuals with severe and persistent mental illness. During their rotations, interns will learn extensively about various aspects of this public sector psychiatric hospital. Briefly, most individuals hospitalized at WRCH have been ordered for evaluation and treatment under court order. Many patients initially arrive to the hospital through the admission evaluation units for 20- to 50-day evaluations, and in addition to treatment staff on these units, forensic evaluators are heavily involved in providing evaluations and other diagnostic services. Additionally, there are multiple additional units for continuing care treatment, adolescents, Deaf/hard of hearing patients, and those with complex medical needs.

## 1. General Inpatient / Severe Mental Illness Track

Interns in the General / SMI track spend the majority of their training year working on treatment units at WRCH aimed at treating adolescents and adults from diverse ethnic and socioeconomic backgrounds in the transition process from an inpatient stay to community living. The treatment approach is multidisciplinary in nature and aimed at assisting the individual in engaging in treatment, maintaining adequate behavioral and emotional control, and taking the steps necessary to successfully return to the community. The treatment model incorporates a thorough diagnostic work-up, psychosocial rehabilitation, relapse prevention, motivational interviewing, and a variety of evidence based/informed treatment approaches (e.g., CBT-p, DBT). Individuals receiving inpatient care are empowered to understand symptoms associated with mental illness and follow through with strength-based interventions and plans that will maximize adjustment and transition to less restrictive alternatives to hospitalization.

At WRCH, CBT programs have been implemented on several treatment units, with several members of the staff trained intensively in CBT for Psychosis. The psychology interns participate in all phases of the individual's hospital course from assessment / psychological testing to providing treatment interventions to helping the individual work through an integrative discharge plan. The staff at WRCH have implemented a variety of evidence-based treatments that are applied at both a group and individual treatment level. Additionally, WRCH has a robust dual recovery program for people in all stages of change and has developed a relapse prevention model for mental health. As the staffing levels of a large state-run hospital change throughout the year, on-unit group therapy opportunities are limited by the availability of trained group facilitators.

\*The core rotations of the General / SMI track include the General Inpatient Rotation or the Adolescent Continuing Care Rotation.

(Selected interns would choose **one** of these rotations for the entirety of the year.)

### *General Inpatient Rotation at WRCH*

Supervisors: Debika Paul, PhD, Meredith Ronan, PsyD, and other WRCH psychology staff as available.

Time commitment: 20 - 24 hours per week

Interns choosing this inpatient rotation will be assigned to two multidisciplinary continuing care treatment teams, each of which is responsible for the care and treatment of ~27 individuals with severe and persistent mental illness. Under the supervision of the team psychologist, the intern will primarily focus in specialized evaluations for risks of violence, suicide, and fire setting, and make referrals to Department of Mental Health risk consultants for individuals with more serious histories of violent crime or sexually problematic behavior. Additionally, interns will complete some admission assessments including acute admission assessments on a court evaluation unit in addition to assessment and treatment work on continuing care units. The intern will also provide an average of at least four sessions per week of individual and group psychotherapy addressing at least two of the following: Cognitive Behavior Therapy for psychosis, Motivational Interviewing, Relapse Prevention Planning, Dual Recovery Treatment, and/ or Cognitive Rehabilitation Therapy. Interns will also conduct at least three full batteries of cognitive and personality / performance based psychological tests for diagnostic formulation and treatment / discharge planning and refine their consultation skills in ongoing dialogue with their treatment team(s). All clinical activities are supported with a minimum of two hours of individual supervision and testing supervision with psychology staff.

### *Adolescent Continuing Care Units Rotation at WRCH*

Supervisors: Liz McCurdy, Ph.D. and Jessica Baroni, Psy.D.

Time commitment: 20-24 hours per week

The Adolescent Continuing Care Unit is the only longer-term inpatient psychiatric facility for adolescents in the Commonwealth of Massachusetts (two 15 bed units sited at WRCH). Interns will have the opportunity to serve adolescents with psychiatric and psychosocial issues, frequently including pronounced histories of trauma and child maltreatment, substance abuse, recurrent suicidal and parasuicidal behaviors, serious aggression toward others, multiple psychiatric admissions and out-of-home placements, and burgeoning personality disorders. Patients range in age from thirteen to nineteen. This population is culturally, ethnically, racially and socioeconomically diverse. We have many youth who are establishing or struggling to establish their gender identity and sexual orientation. Assessment and treatment of clients is provided using a multidisciplinary approach. Common psychiatric diagnoses for the patient population include Posttraumatic Stress Disorder, Anxiety Disorder, Mood Disorder, Eating Disorder and Schizophrenia. These disturbances are sometimes linked

with Substance Use Disorders, Oppositional Defiant Disorders, Attention Deficit Disorders, and attachment disturbances. The precursors of a personality disturbances may also be present. For the vast majority of the youth, the impact of trauma is quite apparent. Biological factors may also play a significant role, and the interface of psychopharmacology and various therapies is essential to positive outcomes.

Because of the treatment refractory nature of this population, clinical admissions typically stay for a number of months, which enables patients to receive extensive and comprehensive clinical services. Extended length of stay affords the psychology intern an opportunity to participate in efforts to bring about qualitative changes in the patient's approaches to problem-solving situations. Patients are guided, through evidence-based and relational interventions, to alter the way that they make meaning of their lived experiences. Within the context of weekly supervision and participation in team meetings, interns will have the opportunity to formulate cases and gain experience in various approaches to treatment. Creative interventions are required where conventional approaches have been insufficient. Family therapy approaches combine structural and strategic approaches with a "no shame, no blame" collaborative partnership with families. In addition to our clinical service, this program continues to be responsible for providing high quality inpatient forensic evaluations for adolescents. This is a particularly unique training opportunity for interns with an interest in forensic psychology. Youth are referred for short-term admissions from the courts for assessment of competency to stand trial, criminal responsibility or aid in sentencing. Forensic referrals may remain in this facility for continuing psychiatric services if determined to be hospital level of care.

Interns will be expected to carry a caseload of 1-2 adjunctive individual therapy cases, 1-2 adjunctive family therapy cases, with the potential for a psychological evaluation if there is a referral unrelated to the standard IEP process. Interns will also be expected to focus on risk assessments, intake interviews, psychological diagnostic evaluation upon admission and other admission-related paperwork. Interns may be expected to support the various groups as a co-group facilitator which include DBT, CBT, and other clinical groups.

## 2. Forensic Track

The Forensic Track endeavors to prepare interns for careers within forensic mental health systems, with an eye toward understanding the complicated systemic issues our diverse forensic population faces. Accordingly, at least half of a forensic track intern's weekly hours will be dedicated to participation in or provision of forensic services, including but not limited to court-ordered mental health evaluations, risk assessment, and therapy interventions with legally involved individuals.

For forensic assessment, all forensic track interns will complete the Forensic Evaluation Rotation (six months) and the Risk Assessment and Mitigation Rotation (six months). Interns on the forensic track will also have the opportunity to attend seminars presented by the UMass Chan Law & Psychiatry program, participate in a weekly case law didactic, testify in a mock trial coordinated by our

legal department, and work alongside Designated Forensic Psychologists (DFPs) on the UMass Chan Forensic Service.

In the spirit of our generalist program and belief that strong clinical skills are the underpinning of effective forensic work, interns on these evaluation tracks will be required to also carry a separate set of forensic intervention responsibilities throughout the year. These tasks include a small individual psychotherapy caseload focused on work with individuals found incompetent to stand trial and/or adjudicated not guilty by reason of insanity; co-facilitating group therapy targeting forensic issues or those which commonly present with this population (e.g., competency restoration, substance use and recovery, criminogenic factors); and reassessments of individuals found incompetent to stand to trial.

### *Forensic Evaluation Rotation at WRCH*

Supervisor: Jeffrey Burl, PhD and Heidi Putney, PhD

Time commitment: 20 hours per week

Interns in the Forensic Track will complete the Forensic Evaluation Rotation to obtain specialized training in common areas of forensic mental health assessment within our broader clinical training model. This Rotation is housed within the UMass Chan Mobile Forensic Service, which provides forensic evaluation and consulting services to the staff and adult patients at WRCH and other Massachusetts Department of Mental Health facilities in Tewksbury. Rotation hours are divided between time at the “Farmhouse,” a Department of Mental Health building which houses the Forensic Service, and on the WRCH court evaluation units and continuing care units. The intern’s weekly schedule will include individual supervision with the primary supervisor for a minimum of one-hour (but typically much more), forensic interviews and assessments, treatment team meetings, weekly clinical rounds, and court hearings. The intern will be responsible for conducting psychological testing, writing evaluative psychological testing reports for forensic evaluators, and writing forensic evaluation reports co-signed by a forensic evaluator. In addition, the intern will be expected to participate in didactic training focused on Massachusetts legal statutes, topics in forensic evaluation and testimony, professional development, ethical considerations, and relevant case law.

### *WRCH Clinical Risk Assessment and Mitigation Rotation*

Supervisor: Ariel Ingber, PsyD

Time commitment: 20-24 hours per week

Interns on this rotation will not be assigned a specific continuing care unit and will instead have the opportunity to complete various risk assessments across the eight continuing care units. Interns will complete various specialized evaluations for risks of suicide, violence, substance use, and fire-setting. Additionally, they may also have the opportunity to generate referrals to the Department of Mental Health risk consultations for clients with more serious histories of violent crime and/or sexually

problematic behavior. The intern will be expected to conduct assessments that include the use of psychological tests, standardized inventories, and/ or structured risk assessment protocols. Additional opportunities to engage in risk-mitigation treatment (e.g., relapse prevention planning, individual therapy, group therapy) are also available for interns.

## Elective Rotations in the UMass Chan-WRCH Internship

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In addition to the above core rotations, interns are able to choose from a number of elective interns at WRCH and UMass Chan. Interns will meet with the supervisors of each rotation at the outset of the year to learn more about each rotation. Under the supervision of the Training Director, interns will choose elective rotations aimed toward helping them achieve their specific training goals, but the program will also support the intern to obtain a balance of training experiences (especially a balance in intervention and assessment hours). **\*The following rotations are subject to change based on supervisor availability.**

### *WRCH Deaf Inpatient Services Rotation*

Supervisor: Ariel Ingber, PsyD

Time commitment: 8-16 hours per week

The WRCH Deaf Inpatient Services rotation is an inpatient rotation designed to provide interns with exposure to both assessment and treatment services with d/Deaf and hard-of-hearing (HoH) clients. WRCH Deaf Inpatient Services is the only inpatient mental health service in Massachusetts designed to meet the needs of d/Deaf and HoH individuals who live anywhere in the state. WRCH Deaf Inpatient Services is committed to providing accessible, culturally affirmative expert mental health assessment, stabilization, and treatment services that efficiently restore individuals to community functioning. The service accepts admissions for both acute stabilization and continuing care, and serves:

- D/deaf, hard-of-hearing, and deaf/blind individuals
- Individuals who use American Sign Language (ASL), other sign language, home sign, gestural communication, English or other spoken language, written language, no language, and individuals with language dysfluency
- Individuals who utilize hearing aids, cochlear implants, FM Systems, CART or captioning services, communication boards/visual images, and other devices to facilitate communication
- Adolescents, adults, and seniors
- Projected lengths of stay from a few days to years
- Legal sections of §12b as well as other civil and forensic legal sections
- Admissions from emergency services, other mental health units, medical hospital units, courts, and jail/prisons



- Behavioral issues with unclear diagnoses that may/may not include serious mental illnesses

The WRCH Deaf Inpatient Services training and responsibilities are tailored to the intern's training goals and may include: Providing individual psychotherapy to 1-2 clients, co-facilitating 1-2 psychotherapy groups (e.g., Cognitive Enhancement and Restructuring Therapy (CERT) group and a Michael's Game group (based on a Cognitive Behavior Therapy for psychosis model)). Interns can choose to join the existing groups or have the option to develop and run a group of their choosing. Interns will complete partial and/or full batteries of cognitive and/or personality assessments for diagnostic formulation, treatment, and/or discharge planning, conduct admission and annual assessments, and complete specialized evaluations for risks of suicide, violence, substance use, and fire-setting. Additionally, interns may have the opportunity to generate referrals to the Department of Mental Health risk consultants for clients with more serious histories of violent crime and/or sexually problematic behavior.

### *WRCH Inpatient Psychiatric Neuropsychology*

Supervisor: Katie Treiber, PhD

Time commitment: 8-16 hours per week

Psychiatric neuropsychology is a growing subspecialty of clinical neuropsychology. The clinical neuropsychology rotation in inpatient psychiatry is designed to provide interns with competency-focused training in clinical neuropsychological and psychological assessment, consultation and cognitive rehabilitation services to adults with serious and persistent mental illness (SPMI). Many people with SPMI often have complex presentations associated with pre-illness or co-morbid trauma, neurodevelopmental or neurocognitive disorders, substance use disorders, and/or chronic health/medical conditions.

Interns will interact with multidisciplinary teams consisting of psychiatry, nursing, social work, and occupational therapy, in addition to occasional consultation with other disciplines such as neurology, neuropsychiatry, and forensic psychology. Interns will develop proficiencies in the administration, scoring, and interpretation of a range of neurocognitive and psychological assessment measures. Neuropsychological assessment training will often integrate psychological assessment methods (e.g., structured multi-scale and narrow band self-report and/or performance-based measures of psychopathology and personality). A person-centered developmental-lifespan approach to case conceptualization that integrates data obtained from multiple sources (clinical interview, records, consultation with treatment providers, collateral informants / family or significant others) will be emphasized.

Depending on an intern's interests/competency goals, participation in the Cognitive Enhancement and Restructuring (CERT) Program is available. An average of 2 hours of weekly supervision will be provided in the form of individual supervision/case review. The opportunity for didactics and guided readings may also be available, depending upon the intern's interests and

schedule. Interns have the opportunity to create some training emphases that match their competency benchmarks and professional goals within the rotation's resources.

Interns with the following training goals are encouraged to consider this rotation in psychiatric neuropsychology: (1) development of specific professional competencies in psychological and neuropsychological assessment, particularly for postdoctoral training in neuropsychology and/or psychological assessment; (2) understanding the cognitive features of SPMI in adults and their relationship to treatment and functional outcome, particularly for those seeking a postdoc or careers in inpatient or public sector psychiatric settings (e.g., Veteran's Administration, state psychiatric hospital, or community mental health settings); (3) understanding how neuropsychological and psychological assessment can inform forensic evaluations, particularly among individuals with SPMI, and meaningful treatment planning; (4) interns who would like to practice (and / or teach) psychological and / or neuropsychological assessment as part of their professional role.

The structure of this psychiatric neuropsychology and psychological assessment rotation varies somewhat from year to year, depending upon the availability of supervisory resources. A 16 hour / week rotation is available during the training year. The rotation is open to considering individualized rotation structures if able to provide adequate resources to achieve an intern's key training competency goals (e.g., stronger emphasis on cognitive rehabilitation, 8 hour / week option).

Didactics and case-based learning opportunities may be included in the rotation, depending upon the intern's schedule and goals. In the past, these have included regular seminars / discussions on topics relevant to neuropsychological assessment and intervention. While there are some established training topics that are regarded as essential, many topics, articles, and / or case studies are selected to meet the competency benchmarks and match the professional interests of individual interns. Some of the didactic / discussion topics that have been covered include: conduct of a developmental-neuropsychologically relevant interview, collaborative and therapeutic assessment methods, effort/response bias/malingering, domains of neuropsychological assessment, functional neuroanatomy, structured personality assessment measures and cases (MMPI-3/MMPI-2/MPPI-2-RF, PAI, MCMI-III), neuropsychology of schizophrenia-spectrum, bipolar, depression with psychosis, obsessive-compulsive, post-traumatic stress and personality (psychopathy) disorders, ADHD and specific learning disabilities, neuropsychology of traumatic brain injury and its impact on clinical presentation of adults with SPMI, SPMI and aging / dementia (e.g., vascular dementia, Parkinson's disease, Huntington's disease), variables that influence neuropsychological test performance, neuropsychology in forensic and health contexts / settings, and problems and challenges in neuropsychological assessment.

Additional information: The Neuropsychology Rotation is available to all interns and, depending on supervisor availability, may be an experience a student can complete throughout the training year. However, applicants should be aware that, as described earlier in this brochure, the program is seeking students interested in the treatment and assessment of individuals with severe mental illness, that interns will be required to take on a greater number of hours in general inpatient training than they

can in any given elective area, and that our program is not a good match for students seeking at least 50% of neuropsychology-dedicated time.

### *WRCH Positive Behavior Interventions and Support (PBIS) Consultation Service*

Supervisor: Meredith Ronan, PsyD

Time commitment: 8-16 hours per week

The Positive Behavior Interventions and Support (PBIS) program is a consultation service first introduced to WRCH in 2015 through collaboration with Psychology and Nursing departments (with support from administration) in an effort to reduce aggression/violence and the occurrence of restraint and seclusions. PBIS is a model for supporting individuals whose behaviors pose challenges to services and often result in various restrictions and barriers. The primary goals of PBIS are to better understand the functions of behavior and work to improve quality of life, teach adaptive skills, and modify the environment to maximize success. It has been described as "multicomponent framework for developing an understanding of behavior that challenges rather than a single therapeutic approach, treatment, or philosophy. It is based on the assessment of the broad social and physical context in which the behavior occurs and used to construct socially valid interventions which enhance quality of life outcomes for both the person themselves and their carers" (Gore et al., 2013).

The PBIS rotation is designed to provide interns with exposure to case-based positive behavior support, including data collection, behavioral assessment, consultation, and implementation of PBIS interventions/plans for inpatient adults who have high-risk behaviors. It may also include, depending on the interns' training needs, opportunities to participate in the hospital-wide initiative of implementing PBIS at a systems-level. The PBIS training and responsibilities include:

- Maintaining a PBS caseload of 1-2 patients or providing support to ongoing cases/consultations. The service itself includes:
  - Behavioral Analysis together with data collection and monitoring.
  - Development of PBIS Plans with associated patient-collaboration, guardian-involvement, team consultation, including treatment plan and PBIS plan documentation.
  - Direct and indirect (through supervisors and other staff) education, consultation and coaching of staff implementation of the PBIS plan.
  - Evaluation of progress through data collection and analysis.
  - Plan revisions to assist the patient to progress towards goals and/or discharge.
  - Attendance at multi-disciplinary treatment team meetings for patients they are following.
  - In PBIS cases where it is clinically indicated, provide associated individual behavioral therapy interventions.
  - Provide assessment and consultation as needed to interdisciplinary teams who desire further assessment and/or understanding of patient's "challenging behaviors" (e.g., self-harming or violent behaviors) and who may need additional PBIS support or intervention. This consultation can include various interviews, observation, data collection and assessment procedures.

- Completing research and training to become familiar with PBIS interventions and obtain clinical training through supervision from the lead PBIS psychologist.

### *WRCH Inpatient Addictions Rotation*

Supervisor: Emily Crain, PsyD

Time commitment: 8 hours per week

The WRCH Inpatient Addictions rotation is a minor, 8-hour rotation, designed to provide interns with exposure of co-occurring addiction (substance use and behavioral addictions) and serious mental illness. The goal of this rotation is to increase exposure to various types of addictive behaviors and the unique challenges of treating addiction within a long-term inpatient setting, with attention to culturally responsive addiction treatment. The rotation can be tailored to fit the interns' specific training goals and areas of interest. The following activities are included in the rotation:

- Individual therapy (2-3 individual clients per week)
- Group therapy (1-2 groups per week; e.g., Seeking Safety, Smart Recovery, Women's Recovery, etc.)
- Interdisciplinary addiction case consultation (not required, but strongly encouraged; meets weekly)
- Substance use risk assessment evaluations (not required, but available if desired)
- Program evaluation of hospital harm-reduction initiative (not required, but available if desired)
- Addiction-specific didactic opportunities (not required, but available weekly if desired)
- Although subject to change, interns may also have the opportunity to observe section 35 evaluations at a local court clinic

### *UMass Human Rights & Asylum Program*

Supervisor: Danielle Rynczak, JD, PsyD, ABPP (Forensic)

Time commitment: 8 hours per week

Interns choosing this rotation will learn to do evaluations assessing individuals seeking asylum in the United States. The UMass Chan Medical School UMass Human Rights & Asylum Program is a medical-student-run, non-profit organization providing evaluations for immigration attorneys advocating for asylum seekers. The program, which began in 2020, has worked with more than 100 asylum seekers in the Worcester area. During this rotation, interns will begin by completing a (usually online or asynchronous) training, offered by one of several expert organizations (e.g., Physicians for Human Rights) on how to apply clinical skills to an asylum evaluation. The training is typically at least 6 to 8 hours and covers such topics as physical and psychological evidence of torture, effective psycho-legal documentation and affidavit writing, human rights and asylum law, and the vital role of health professionals in immigration cases. After completing the training, interns will have an opportunity to observe and conduct evaluations, culminating in affidavits in at least 3-4 cases, with potential to do up

to 10-12. Interns should be aware that the number of evaluations is dependent on referrals at time of rotation, but that there is generally a waiting-list. While not typically needed, interns may be required to provide expert testimony in any case with which they were involved. Evaluations are of adults but may include exploration of child/adolescent trauma. Occasionally, specific forensic referral requests, such as competency to proceed, will be made. This rotation is expected to provide interns with opportunities to work with evaluatees of diverse cultural, socio-economic, racial, political, and religious backgrounds as well as interpreters, attorneys, and medical trainees and medical doctors (especially when physical examination is required by physicians). Interns choosing this rotation will have the opportunity to learn to interview individuals with significant trauma histories, document psycho-legal interactions, write effective affidavits, prepare for expert testimony, and generally navigate asylum proceedings (e.g., working with various parties, understanding political context). Interns on this rotation should know in advance that during supervision, they will be encouraged and supported to engage in dialogue around cultural humility, role of political climate on the work of psychologists and that of those of whom they work, social justice/advocacy, pro or low bono work, privilege and oppression, and self-compassion in high burn out professional practice. Secondary supervision may be provided by a trained psychiatrist, affiliated with the asylum program.

### *UMass Memorial Outpatient Adult Psychiatry Clinic*

Supervisor: TBD

Time commitment: 8 hours per week

Interns will receive training in evaluation and individual and group psychotherapy for a variety of psychiatric conditions including psychosis, affective disorders, somatoform disorders, anxiety disorders, substance abuse, and personality disorders. A variety of theoretical approaches including cognitive behavioral, acceptance and commitment, and psychodynamic strategies provide interns with a broad range of experiences with adult outpatients. Weekly multidisciplinary treatment team meetings provide a further opportunity for interns to more thoroughly examine the processes involved in assessment, differential diagnosis, and treatment selection. In addition to the general clinic and the programs described separately below (i.e., Health Psychology and Addictions) there are also opportunities to do personality test batteries and participate in various specialty programs including DBT, Deaf Behavioral Health, and Women’s Mental Health.

### *UMass Memorial Addiction and Co-Morbidity Treatment Services*

Supervisor: John Monfredo, LICSW

Time commitment: 8 hours per week

UMass Memorial’s Addiction and Co-morbidity Treatment Services (ACTS) Program offers adults effective individual treatment for addiction and mental illness. This rotation will prepare psychologists for clinical careers in the public sector, focusing on treatment services for patients with SUDs often associated with legal consequences, forensic-related activities, and severe and persistent

mental illness. Designed to be a year-long rotation, psychology interns will immerse themselves in learning and delivering evidence-based treatment for addiction and co-occurring mental illness.

Psychology interns will receive specialized training in cognitive behavioral therapy (CBT), the primary treatment model and scientifically supported approach to treating SUD. They will conduct regular intake assessments of new patients, using standardized instruments to measure patient-reported outcomes. Their work, typically four to eight hours per week, includes, at a minimum, face-to-face supervision; direct service delivery; and didactic training in CBT, peer-based support groups and treatment approaches, and pharmacotherapy. Psychology interns may also carry a small, individual outpatient therapy caseload; if interns are on site for four hours a week, two of those hours are expected to be outpatient therapy hours. Additionally, there is a Recovery Skills Group that interns can co-facilitate utilizing an Acceptance and Commitment Therapy framework. This group is once a week and is held virtually. If Didactic materials focus on assessment, treatment, and peer-based approaches. Moreover, by joining the multidisciplinary ACTS team, the interns can learn about and observe the application of various treatment modalities, such as pharmacotherapy with buprenorphine for treatment of opioid dependence.

### *UMass Health Psychology Outpatient Rotation*

Supervisor: Jason Samlin, PsyD

This rotation is located within Ambulatory Psychiatry Services. The service consists of psychologists working with medical and surgical outpatients due to a host of issues, including: depression or anxiety associated with medical illnesses, individual and family adjustment to illness, coping with disease management demands, adoption of healthy lifestyles, non-pharmacological symptom management, preparation for surgery, and coping with medical interventions. Referrals come from any of the primary or tertiary care clinics within the hospital system.

This rotation is intended to provide experiences consistent with specialized psychological care with medically based populations known as Clinical Health Psychology or Behavioral Medicine. Common goals of the rotation are to:

- Understand the role of psychology in interprofessional medical settings and work collegially with other health professionals in such settings
- Utilize health psychology principles and strategies to provide psychoeducational and/or psychotherapeutic interventions for promoting health and wellness
- Provide intervention for insomnia, pain management, smoking cessation, adjustment to physical injury or disease, and rehabilitation
- Work with acute and chronically ill patients and support the patient and family/loved ones

Interns will conduct intake assessments and provide evidence-based treatment for patients with a variety of chronic health conditions. Some topics for treatment include adjustment to and coping with chronic health conditions, health behavior change, and chronic pain self-management. As is typical of

the health psychologist role, work would also include contact with multi-disciplinary treatment teams. Regularly scheduled supervision will be conducted for 1 hour a week with additional opportunities for drop-in supervision and curbside consultation. Interns will be required to track their encounters, submit billing when applicable, and track hours in the rotation.

### *UMass Chan Medical School Student Counseling Services*

Clinical Staff Members: Abita Raj, MD (Director), Elizabeth Austin, PsyD (Associate Director), Ashley Hart, PhD (Training Director), Phoebe Moore, PhD, Ruthann Rizzi, MD, SueEllen Hamkins, MD, Yashira Oropeza-Diaz, PsyD, Edward Pacheco, PsyD, Cathryn Williams, PsyD, Jennifer James, PsyD, Elda Zeko, PhD

Time commitment: 8-16 hours per week

Student Counseling Services (SCS) is a school-based outpatient mental health clinic that can be accessed by students currently enrolled in any of the doctoral programs within UMass Chan Medical School: the T.H. Chan School of Medicine (MD program), the Morningside Graduate School of Biomedical Sciences (PhD program), the Medical Scientist Training Program (combined MD/PhD program), and the Tan Chingfen Graduate School of Nursing (DNP and PhD programs). SCS provides both psychiatry (medication consultation and management) and psychotherapy services. Students can attend sessions via telehealth or in-person in the SCS private office suite, which is located in the main medical school building on UMass Memorial Medical Center's University campus.

Common presenting concerns in our student population include anxiety and its disorders, OCD and related disorders, mood disturbances and disorders, disordered eating, trauma-related symptoms and conditions, adjustment difficulties, challenges associated with physical health conditions, ADHD, and grief. Psychotherapeutic approaches used by SCS therapists include traditional forms of cognitive-behavioral therapy (e.g., exposure and response prevention for OCD, panic control therapy for panic disorder); Acceptance and Commitment Therapy and related mindfulness- and acceptance-based approaches; Dialectical Behavior Therapy skills training; psychodynamic psychotherapy; Eye Movement and Desensitization and Reprocessing (EMDR); attachment-based therapy; the Internal Family Systems model; narrative psychiatry; and supportive and person-centered therapy approaches. As part of their training, interns have the opportunity to provide individual and group psychotherapy; receive individual and/or group psychotherapy supervision; supervise clinical psychology practicum students in a vertical supervision system; conduct clinical intake interviews; participate in weekly team meetings and clinical trainings; and contribute to quality improvement and clinical research projects.

The SCS team is multi-cultural, multi-disciplinary, and multi-theoretical. We strive to provide culturally sensitive clinical services and a safe, welcoming, inclusive, respectful and supportive environment for all persons who seek our services.

### *UMass Chan School of Clinical Research in Emergency Medicine*

Supervisor: Rachel Davis-Martin, PhD

Time commitment: 8-16 hours per week

This is a research-based rotation, trainees have access to several complete datasets on suicide risk, opioid use disorder, alcohol use disorder, and implementation efforts to improve clinical care that they can run analyses on if there is a particular question of interest (plus access to statisticians to help if analyses are complex).

Trainees also have access to research that is complete but is needing to be written up for conference presentations or peer reviewed articles. Depending on the time of year, they may also help with grant applications including writing parts of grants and helping with the submission process. It's easy to tailor the activities to the interest and experience of trainee. Likely best done during the second half of the internship, so all clinical hours have been met.

Additional Information: At least one original manuscript is expected to be submitted to a peer reviewed journal(s).

### *UMass Chan Integrated Behavioral Health Service in Emergency Medicine*

Supervisor: Rachel Davis-Martin, PhD

Time commitment: 8-16 hours per week

Trainees have the opportunity to provide brief interventions rooted in motivational interviewing and referrals to treatment with patients who have an active SUD (alcohol, opioid, tobacco, stimulant) or suicide risk, and/or conduct Substance Use Disorder Evals for patients presenting to the ED post-drug overdose while working on a multi-disciplinary team that includes licensed alcohol and drug abuse counselors, addiction psychiatrist, medical toxicologist, social workers, and recovery coaches. This rotation can be useful if trainees need more direct patient contact hours.

Assessments will include comprehensive suicide risk assessments with patients presenting to ED with psychiatric chief complaints, Substance Use Disorder Evaluations for patients presenting to ED post-opioid overdose, and comprehensive substance use and treatment history evaluations for patients seeking SUD treatment.

### *UMass Chan Outpatient Child Psychology – Center for Autism and Neurodevelopmental Disorders (CANDO)*

Supervisor: Miriam Aframe, Psy.D.

Time commitment: 8 hours

This rotation will take place on two separate days, Wednesdays and Thursdays. On Wednesdays, three hours will be spent involved in the interdisciplinary team evaluation, which is where a new child/adolescent is seen each week along with their caregiver(s) for a 2-hour evaluation, followed by one hour of the team working on clinical formulation, diagnosis and recommendations. A



psychologist and psychiatrist are always present along with medical residents and a psychiatry fellow typically being present. Intern may write initial assessment notes as appropriate.

On Thursdays the intern will help to plan for, co-facilitate, and write notes for a social skills group for preschoolers and their caregiver. Depending on when the intern begins, this may also include helping to complete intakes for group participants. Interns will shadow the psychologist in individual Floortime-based play therapy or possibly have their own therapy case as time/schedules/clinical appropriateness allow.

## Other Training Programming

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Within their clinical rotations, interns will receive extensive individual supervision and may participate in rotation-specific didactics or seminars. In addition to the training they receive on the clinical rotations, the interns will spend about four hours every week in other cohort-wide training activities. These activities include didactics/seminars, supervision with a postdoctoral resident, and various other programming. *\*Given the nature of these types of activities, exact experiences are subject to change with little notice.*

### Didactics

Interns have an extensive series of seminars. Major topics include: assessment with particular emphasis on interviewing, neuropsychology, and forensic evaluation; culturally competency treatment and assessment (including a cultural humility practice and processing group); professional development; psychopathology and psychopharmacology; social justice advocacy, and psychological treatment modalities with particular emphasis on serious mental illness. The seminar series also includes topics such as empirically based treatment interventions, psychosocial rehabilitation, and the importance of integration of ethnic diversity in assessment. Two to three hours per week of regularly scheduled seminar times throughout the year provide an opportunity to cover these assessment and intervention topics in some detail. Interns are also welcome to attend weekly UMass Chan Grand Rounds on a variety of mental health topics, which are held at the Medical School, as well as other regular seminars and workshops (e.g., biweekly UMass Law and Psychiatry Seminars; monthly WRCH Grand Rounds).

### Sohye Kim, Ph.D., External Mentoring Advisor

In addition to group supervision with the training and assistant training directors and individual supervision with rotation supervisors, our interns meet monthly with Dr. Kim, a UMass Chan psychologist who is outside of the leadership of the internship program and not currently supervising interns. The purpose of these meetings is to provide an opportunity for interns to receive support and other professional guidance. Regarding support, interns may seek to process or problem-solve any needs or questions that arise during the internship year that they want to discuss with someone in

addition to or other than their training directors or clinical supervisors. The sessions are also designed to allow interns to seek guidance on other aspects of their internship year and professional lives.

## UMass Chan/WRCH Professional Development Seminar Series

Facilitator: Heidi Putney, Ph.D.

In 2002, the Association of Psychology Postdoctoral and Internship Centers (APPIC) initiated a conference aimed at establishing competencies essential in professional psychology practice and identified Professional Development as a core competency area. Toward this end, the UMass Chan/WRCH has developed monthly Professional Development Seminar Series aimed to increase career readiness, improve professional quality of life, explore professional identity, and develop a comprehensive understanding of self-care. Each month, three professionals from around the country virtually speak to our interns on important topics such as pathways into private practice careers, wage negotiation skills, barriers for women in psychology, and the business of psychology. Further, various seminars specifically target the area of self-care with a discussion of new research and skills developed on this topic. Informal and personal, the format of this seminar series allows for life-long networking with panelists and various interns from other programs around the country.

\*For an updated schedule of upcoming Professional Development Seminar topics, please visit:

[professional-development-seminar-flyer-2024-2025.pdf \(umassmed.edu\)](#)

## UMass Chan/WRCH Action-Learning Social Justice Advocacy Project

Facilitator: Emily Padilla, Psy.D.

The American Psychological Association has indicated the training and expertise in psychology uniquely qualifies psychologists to contribute to the development of policies and programs. Further, working for social justice is part of their mission and vision and the Association of Psychology Postdoctoral and Internship Centers (APPIC) has incorporated understanding research and developing consultative skills when engaging in social service into their core competencies. The UMass Chan/WRCH clinical psychology internship is committed to encouraging social justice advocacy through action-learning strategies. The goal of the social justice advocacy project is to increase professional development opportunities while developing culturally responsible and socially involved psychologists.

During the internship year, interns will engage with a local nonprofit agency, build relationships with this agency and the population with whom they work, as well as collaboratively develop and conduct a needs assessment. The needs assessment may take any form but will focus on helping the agency or community to further its social justice mission. The needs assessments are conducted collaboratively with the agency/community and the postdoctoral fellows with a final technical report including data (broadly defined) to be provided to the agency.

## Cultural Humility Process and Practice Group

Facilitator: Danielle Rynczak, JD, PsyD, ABPP (Forensic)

The Cultural Humility Process and Practice Group is time reserved for psychology trainees to process and practice cultural humility in the context of working with various patients, clients, and stakeholders during the psychology internship year. Psychology trainees meet monthly with the facilitator. Trainees explore personal identities, values, and experiences as soon-to-be-psychologists within the context of larger systemic sociocultural factors. The topics and structure are based on the needs of trainees in any given year. Time may be reserved for guest speakers and community engagement during or in conjunction with this space.

## Supervision Opportunities

All interns will participate in the supervision of an advanced practicum student year-round and will, in turn, be supervised by a postdoctoral resident on a case of their choosing. Additionally, interns will engage in a monthly Supervision of Supervision 'Sup of Sup' Group where we meet to discuss issues within the supervisory relationship, the development of a supervision style, and providing feedback on progress notes and assessment reports. Furthermore, interns have been given the opportunity for the last past few years to join the Harvard Medical School Brigham and Women's Hospital training program supervision seminar series facilitated by Dr. Christopher AhnAllen. This series allows trainees to broaden their network with other trainees and learn new perspectives in topics related to conflict in supervisory relationships and cross-cultural supervisory relationships and antiracist action.

### **Ami Popat, Ph.D., Cultural Consultant**

In addition to other meetings with psychology supervisors and training staff, our interns meet individually 1-2x per month with our cultural consultant, Dr. Ami Popat, a practicing counseling psychologist. During the cultural consultation meetings, students are given the opportunity to bring various topics of discussion which include but are not limited to their own identity and development, issues related to discrimination, matters related to power and privilege, and systemic challenges. Interns are given the opportunity to discuss topics related to diversity, equity inclusion, and belonging as it impacts their clinical work, internship experience, and relationships with other staff.

## Research Opportunities

Although research is not a required activity, interns are encouraged to continue their own research or to participate in ongoing research in the Worcester area. Some rotations may include the opportunity to engage in research, and some past interns have published with UMass Chan – WRCH supervisors. Further, grant funding has recently been awarded to assist interns working with a UMass

Chan supervisor on a research project with attending the American Psychological Association Annual Conference.

Finally, there are numerous teaching conferences, grand rounds presentations, and other professional activities in the Worcester/ Boston area. There are often teaching conferences that utilize the case presentation format both at UMass Chan and WRCH. For example, in celebration of the 100<sup>th</sup> anniversary of the Psychology Internship, the UMass Chan Psychology Network hosted a poster session during a Psychology Day Celebration at UMass Chan Medical School in October of 2024. All interns present their dissertation in a virtual Brown Bag format during the year.

# PSYCHOLOGY INTERNSHIP FACULTY AND SUPERVISORS

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## INTERNSHIP LEADERSHIP

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### Heidi Putney, PhD

Training Director of UMass Chan-WRCH Comprehensive Psychology Training Program  
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School  
Designated Forensic Psychologist, Worcester Recovery Center and Hospital

<b>Education</b>	Central Michigan University (2020)
<b>Rotation</b>	Professional Development Panels, Social Justice Advocacy Project, Case Law
<b>Interests</b>	Forensic evaluations, training and education, research in the areas of forensic public policy, professional development, and diversity training

### Meredith Ronan, PsyD

Assistant Training Director of UMass Chan-WRCH Comprehensive Psychology Training Program  
Acting Director of Psychology Department, Worcester Recovery Center and Hospital  
Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School

<b>Education</b>	William James College (formerly Massachusetts School of Professional Psychology, 2015)
<b>Rotation</b>	Positive Behavior Interventions and Support (PBS) Consultation Service; WRCH General Psychology Rotation
<b>Interests</b>	Positive Behavior Interventions and Support consultation and intervention; assessment and treatment of persons with severe and persistent mental illness; cognitive and psychological/personality assessment; Cognitive Behavior Therapy for Psychosis (CBT-P); program development and evaluation

### Emily Padilla, PsyD

Assistant Training Director of UMass Chan-WRCH Comprehensive Psychology Training Program  
Forensic Evaluator, Worcester Recovery Center and Hospital

<b>Education</b>	Alliant International University, San Diego (2023)
<b>Rotation</b>	Social Justice Advocacy Project
<b>Interests</b>	Forensic mental health assessment; risk assessment; severe and persistent mental illness; inclusive teaching and education in psychology; cultural humility; DEIB in training and forensic practice; social justice

## Danielle Rynczak, JD, PsyD, ABPP (Forensic)

Director of Diversity, Equity, Inclusion & Belonging, UMass-WRCH Comprehensive Psychology Training Program

Director of Legal Education and Training, UMass Chan Law and Psychiatry Program

Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School

Designated Forensic Psychologist, Worcester Recovery Center and Hospital

<b>Education</b>	Chicago School of Professional Psychology (2012)
<b>Rotation</b>	UMass Forensic Inpatient Rotation and Diversity Seminar Series
<b>Interests</b>	Adult and juvenile forensic evaluations; criminal competencies and responsibility; risk assessment; civil commitment; delinquency; child protection; legal education; anti-racist curriculum; inclusive teaching, supervision, and mentorship practices

## CLINICAL SUPERVISORY STAFF

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The rotations within the UMass Chan / WRCH internship are led by an incredible group of psychologists who are passionate about teaching and supervision. Below is a sample of our current training staff.

<b>Miriam Aframe, PsyD</b>	
<b>Clinical Psychologist and Program Direct at Center for Autism and Neurodevelopmental Disorders (CANDO)</b>	
Education	The George Washington University (2006)
Rotation	UMass Chan Outpatient Child Psychology - CANDO
Interests	

<b>Jessica Baroni, PsyD</b>	
<b>Clinical Psychologist, Worcester Recovery Center and Hospital</b>	
Education	
Rotation	WRCH Inpatient Adolescent
Interests	

<b>Jeffrey Burl, PhD</b>	
<b>Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School</b>	
<b>Designated Forensic Psychologist, Worcester Recovery Center and Hospital</b>	
Education	Drexel University (2012)
Rotation	UMass Chan Forensic Evaluation
Interests	Forensic mental health assessment; individual psychotherapy; education and training in psychology

<b>Jonathan Carroll, PsyD</b>	
<b>Staff Psychologist, UMass Memorial Ambulatory Psychiatry</b>	
Education	Rutgers University, Graduate School of Applied and Professional Psychology (GSAPP; 2015)
Rotation	UMass Memorial Outpatient Psychiatry Department
Interests	Existential and phenomenological approaches to psychotherapy, schizophrenia, personality and projective testing, psychodynamic therapy, process group therapy

<b>Emily Crain, PsyD</b>	
<b>Staff Psychologist, Worcester Recovery Center and Hospital</b>	
Education	William James College (2023)
Rotation	WRCH Inpatient Additions Rotation
Interests	Treatment of addiction and impulse control-related disorders, utilization of a liberation psychology and feminist therapy lens

<b>Rachel Davis-Martin, PhD</b>	
<b>Clinical Health Psychologist, UMass Chan Medical School</b>	
<b>Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School</b>	
Education	University of Mississippi (2016)
Rotation	<ol style="list-style-type: none"> <li>1) Integrated Behavioral Health Service in Emergency Medicine (clinical rotation)</li> <li>2) Research in Emergency Medicine</li> </ol>
Interests	<p>Clinical: Locations: Integrated behavioral health in primary care and ED. Focus: Suicide risk, anxiety, depression, trauma, substance use disorders, sleep disorders, chronic pain, and health-related behavior change/lifestyle modifications. Approaches: Acceptance and Commitment Therapy, mindfulness-based interventions, CBT, trauma-focused therapy (CPT and PE mostly, and biofeedback.</p> <p>Research: Use of innovative technology to enhance detection of suicidality, bolster access and delivery of evidence-based treatments for suicide risk and improve care transitions throughout the healthcare system and into the community; Implementation science.</p>

<b>Ashley Hart, PsyD</b>	
<b>Clinical Psychologist and Training Director, Student Counseling Services, UMass Chan Medical School</b>	
Education	Binghamton University (State University of New York; 2010)
Rotation	Student Counseling Services
Interests	Cognitive-behavioral therapy for anxiety disorders, OCD, PTSD, and body-focused repetitive behavior disorders

<b>Ariel Ingber, PsyD, DFP</b>	
<b>Staff Psychologist, Worcester Recovery Center and Hospital</b>	
Education	William James College (2020)
Rotation	WRCH Clinical Risk Assessment and Mitigation, Deaf Inpatient Services, Practicum Co-Director
Interests	Treatment of Severe and Persistent Mental Health Diagnoses, Individual Psychotherapy, Individual and Group Based Interventions utilizing Cognitive Behavior Therapy for Psychosis.

<b>Gregg A. Januszewski, PsyD</b>	
<b>Staff Psychologist, Worcester Recovery Center and Hospital</b>	
<b>Assistant Professor of Psychiatry, University of Massachusetts Chan Medical School</b>	
Education	University of Hartford (1997)
Rotation	WRCH General SMI – Acute Forensic Units
Interests	Suicide assessment and treatment, CBT-I, Dual diagnosis treatment, Individual psychotherapy.

<b>Elizabeth McCurdy, PhD</b>	
<b>Staff Psychologist, Worcester Recovery Center and Hospital</b>	
Education	Drexel University (2019)
Rotation	WRCH Adolescent Continuing Care Units
Interests	Treatment of adolescents with complex mental health challenges, treatment of developmental trauma, juvenile justice policy and practice reform

<b>John Monfredo, LICSW</b>	
<b>Social Worker, UMass Chan Outpatient Psychiatry Clinic</b>	
Education	Simmons University (2014)
Rotation	UMass Outpatient Addiction and Co-Morbidity Treatment Services
Interests	Substance Use Disorders, PTSD, OCD, Clinical applications for eye movement desensitization reprocessing (EMDR), exposure response prevention (ERP)



<b>Debika Paul, PhD</b>	
<b>Staff Psychologist, Worcester Recovery Center and Hospital</b>	
Education	Suffolk University (2007)
Rotation	WRCH General Psychology Rotation
Interests	Treatment of Severe and Persistent Mental Health Diagnoses, Individual Psychotherapy, Individual and Group Based Interventions utilizing Cognitive Behavior Therapy for Psychosis, and Liberation Psychology.

<b>Edward Pacheco III, PsyD</b>	
<b>Clinical Psychologist, Student Counseling Services, UMass Chan Medical School</b>	
Education	Hawaii School of Professional Psychology, Argosy University (2015)
Rotation	Student Counseling Services
Interests	

<b>Faith Therrien, PsyD</b>	
<b>Staff Psychologist, Worcester Recovery Center and Hospital</b>	
Education	William James College (2019)
Rotation	Competency Restoration Groups, Practicum Co-Director
Interests	Treatment of severe and persistent mental illness, individual and group-based interventions utilizing CBT for Psychosis (CBTp), liberation psychology, racial trauma and social justice.

<b>Katie Trieber, PhD</b>	
<b>Neuropsychologist, Worcester Recovery Center and Hospital</b>	
Education	Utah State University (2010)
Rotation	WRCH Inpatient Psychiatric Neuropsychology
Interests	Neuropsychological assessment in psychiatric populations and individuals with comorbid SPMI, neuromedical, and forensic concerns' cognitive reserve and rehabilitation in SPMI and aging.

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## ADDITIONAL CONTRIBUTORS

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The UMass Chan / WRCH doctoral internship is fortunate to have a strong network of internal and external psychologists who provide instruction to interns, serve as informal mentors, and provide other forms of consultation to interns and internship supervisors. Below is a small sample of the consultants who have recently been involved in internship training.

### Soyhe Kim, PhD

Clinical Psychologist

Assistant Professor of Psychiatry, UMass Chan Medical School

**Education** Biola University (2011)

**Rotation** External Mentoring Advisor

**Interests**

### Ami Popat-Jain, PhD

Clinical Psychologist and Cultural Consultant

**Education** Northeastern University (2017)

**Rotation** Cultural Consultation

**Interests** Psychotherapy, DBT, CBT, ecological model, serious mental illness, south Asian mental health, women's mental health, multicultural competency, cultural humility, consultation, social justice, and racial identity

### Ashley Murray

Training Director, Forensic Psychology Fellowship Program

Designated Forensic Psychologist and Forensic Mental Health Supervisor, Worcester Recovery Center and Hospital

Assistant Professor of Psychiatry, UMass Chan Medical School

**Education** Simon Fraser University (2014)

**Rotation**

**Interests**

### Tim Sannes, PhD

Clinical Psychologist, UMass Memorial Cancer Center

Associate Professor of Psychiatry, UMass Chan Medical School

**Education** University of Florida

**Rotation**

**Interests**