
Worcester Public School

Flu Clinics

— **MS2s:** Maimuna Ahmad, Andrea Chin, Ben
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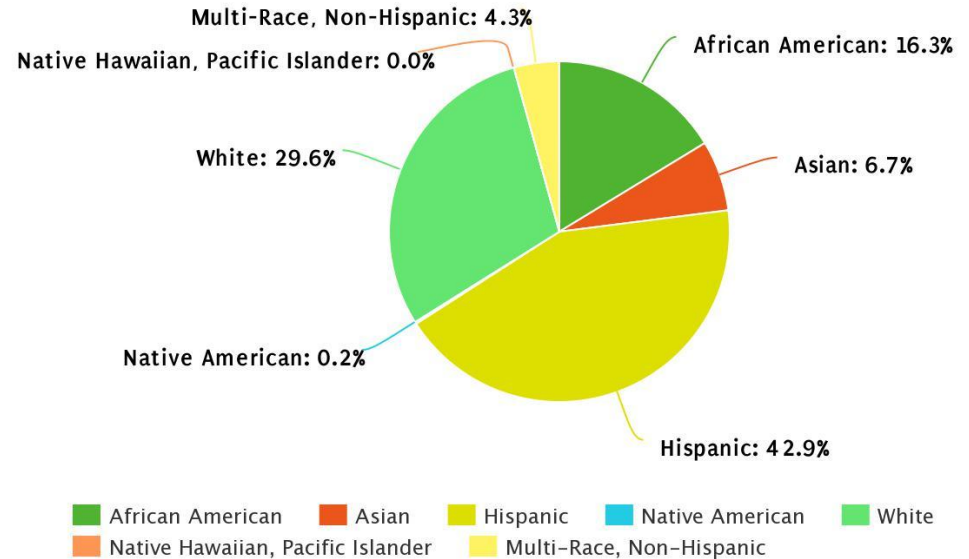
Advisor: Dr. Heather-Lyn Haley

Population of Focus

25,415

Worcester Public Schools student enrollment 2018-2019

Enrollment by Race/Ethnicity 2018-2019



meta-chart.com

Students in Public School (youths age ~4-18+) are a key population for healthcare focus



“Healthy students are better learners, and academic achievement bears a lifetime of benefits for health.”

- personal, community, societal health
- understanding of physical, mental and social health
- promoting healthy eating and physical activity
- understanding nutrition and environment

Many social/structural factors influence the health of the student population

- Family Health
- Food and water security
- Insurance coverage
- Parental/guardian involvement in medical management
- Neighborhood safety
- Physical activity
- Access to healthcare services
- Education



Clinical needs and common exposures affecting students...

Medical:

- **Asthma**
- **Contraception/STI/pregnancy**
- **Mental and behavioral health**
- Acne and skin disorder
- Chronic illnesses - obesity, diabetes
- Disorders of puberty
- Menstrual disorders
- Substance abuse

Social:

- **E-cigarettes and vaping**
- Peer pressures
- Bullying
- Image/body insecurities
- Alcohol and drug use
- Unsafe driving

<https://www.umassmemorialhealthcare.org/umass-memorial-medical-center/services-treatments/childrens-medical-center/services-we-provide/adolescent-medicine>

<https://www.hhs.gov/ash/oah/tag/why-tag/adolescent-health-risks-and-protective-factors/index.html>

<https://www.uhhospitals.org/-/media/Images/Science-and-Compassion-Blog/UTR/utr-s18-4-big-myths-about-asthma.jpg>

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Clinical needs and common exposures affecting students...



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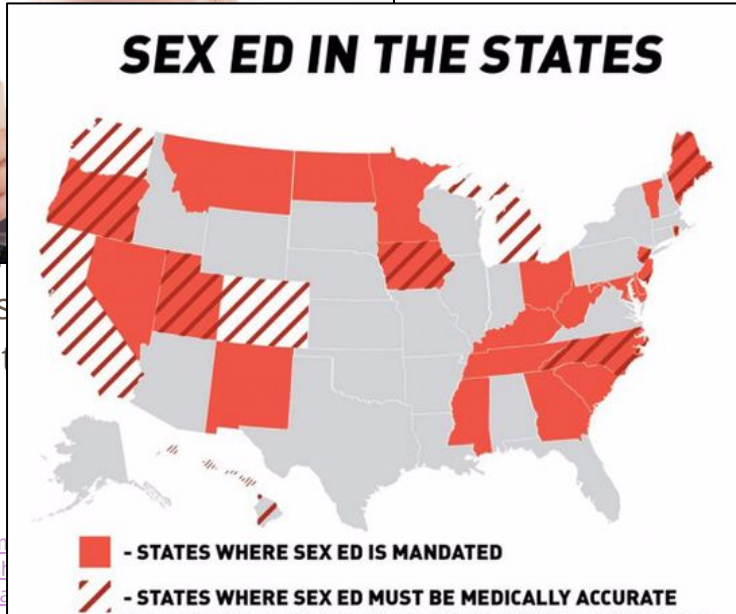
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Clinical needs and common exposures affecting students...



- Mens
- Subst



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<https://www.umassmem>

<https://www.hhs.gov/asl>

<https://www.uhhospita>

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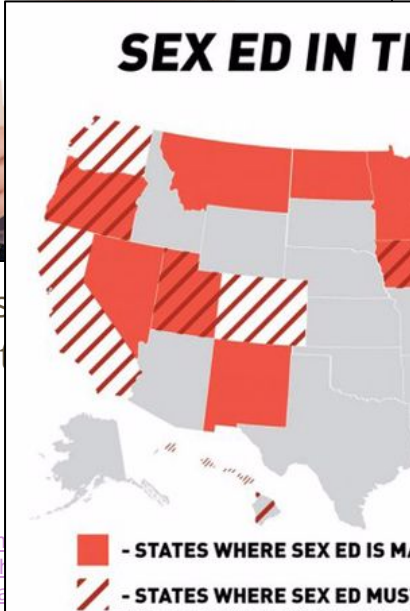
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<https://www.merck.com/health-care/adolescent-medicine>

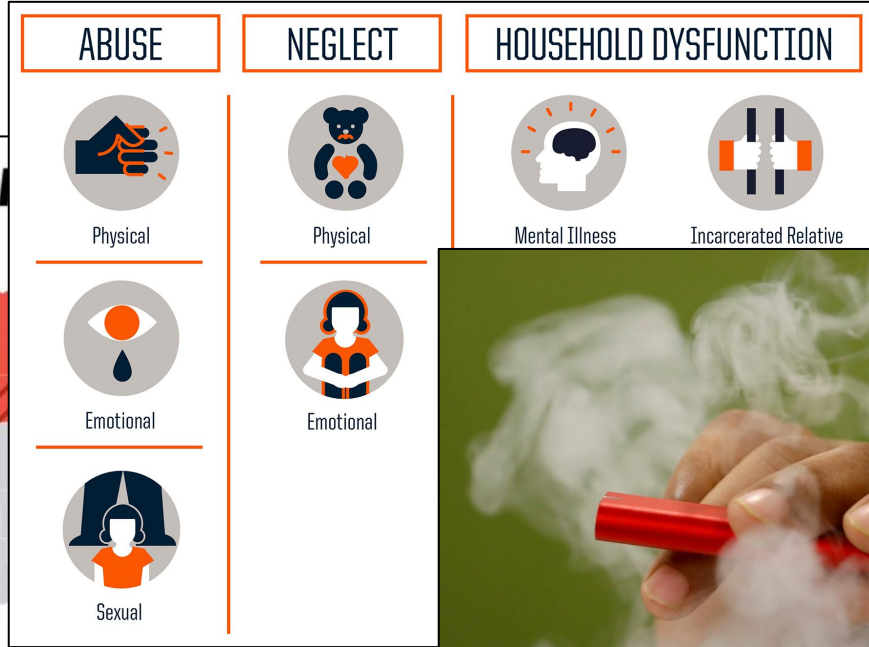
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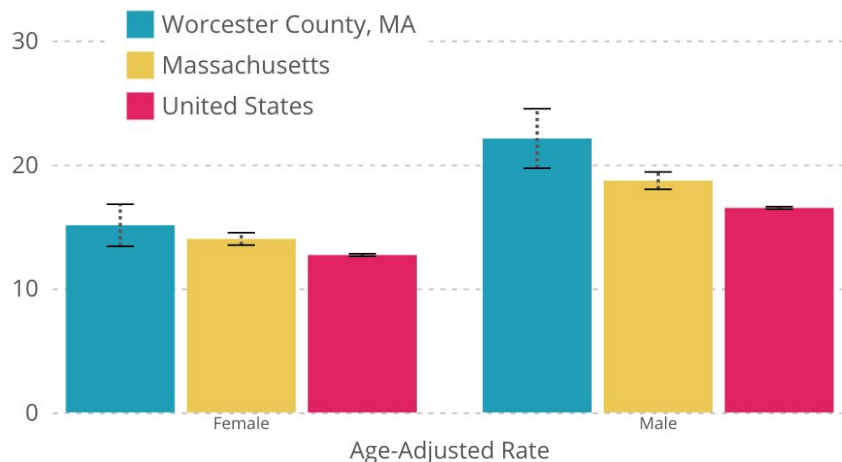


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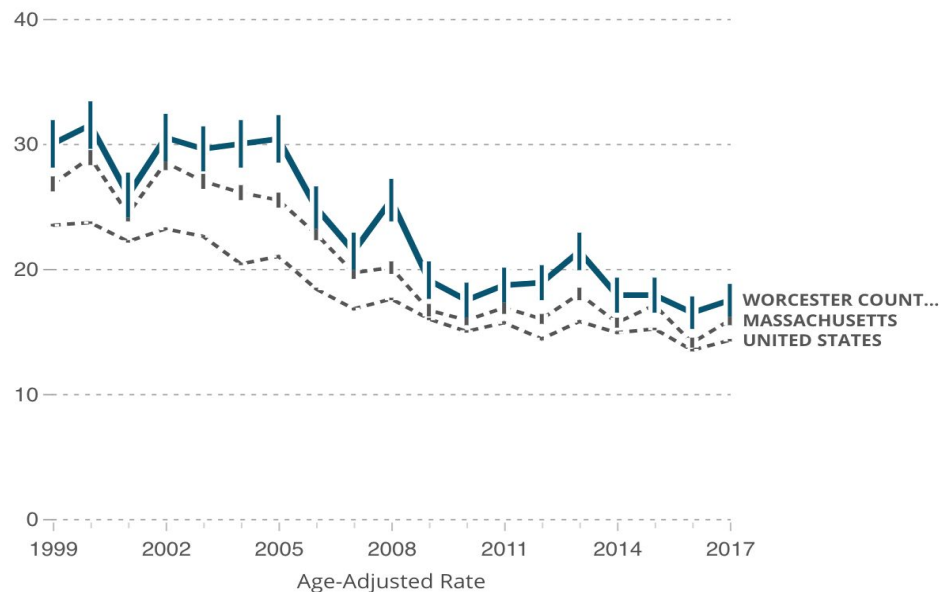
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Influenza & Pneumonia Deaths per 100k

By sex in 2017



Over time



Students in Public School (youths age ~4-18+)

The American Academy of Pediatrics (AAP) recommends that all children ages 6 months and older are vaccinated for influenza for the 2019-2020 season, preferably by the end of October, with either the flu shot or the nasal spray vaccine.

Health Advocacy

School-Based Health Centers (SBHC) promote health, resilience and academic success

Edward M Kennedy Community Health Center

- Licensed health centers staffed by interdisciplinary team of medical and mental health professionals
- 11,000 children served
- Improve access and quality care for youth particularly in hard-to-reach and underserved populations
- Medical examinations, nutrition education, immunizations, behavioral health services, sports medicine, treatment for acute and chronic illnesses

- Require a signed parental consent form
- Do NOT replace school nurses; NPs and PAs collaborate with school staff



EDWARD M.
KENNEDY
COMMUNITY
HEALTH CENTER

Boys and Girls Club of Worcester increases access to sports and recreation, nightly meals, college prep, and employment programs



- Annual membership = \$10-\$25
- Free meals served to approximately 300 members five days a week in Kid's Café.
- 100% of the Club's Classes of 2016, 2017, and 2018 graduated high school and were accepted to college
- 80% of the Club's teens complete job readiness programs and apply for either Club or outside jobs/internships



Interprofessional Teams of Care

Nurses, Pharmacists, Therapists, Administrators

Interprofessional Team:

1. Nurses: RNs, NPs
2. Pharmacists
3. Therapists
4. Administrators
5. Physicians
6. Educators
7. Social Workers
8. PTA

- Level of involvement is variable and includes injections for children, paperwork review, child soothing and comforting techniques, etc.
- Most people serve multiple roles
- Collaboration between team members:
 - **Administrators:** need healthy students in order to best serve education
 - **Nurses:** serve clinical/medical needs
 - **Therapists:** focus on social and psychological factors

Nurses, Pharmacists, Therapists, Administrators

How/Where is care provided for the population members?

- **Nurses:** schools, SBHCs, medical centers
- **Pharmacists:** Local pharmacies
- **Therapists:** schools, medical centers
- **Administrators:** schools
- **Physicians:** medical centers
- **Educators:** schools
- **Social Workers:** schools, medical centers

Strengths and limitations of the team:

- Allow a student to be served holistically
- Everyone has a different area of expertise
- Many moving parts, so sometimes hard to communicate
- Potential conflicts of interest

Future Team Interactions

- As future clinicians, we will be working in teams to deliver multidisciplinary care to our patients
- Everyone has different strengths and areas of expertise
- It is important to consult other providers and to know who to consult and when to do so



<https://micmrc.org/topics/patient-centered-medical-home-and-team-based-care>

Service/Experiential Learning

Flu Clinics for Worcester Public Schools



Ben Maxner setting up
the South High School
Flu Clinic!

Activities Included:

- Checking consent forms to assess eligibility
- Overseeing an interprofessional team at 24 clinics
- Administering over 1500 vaccinations as of 10/31/2019 (just 4 days of clinics)
- Child soothing and distracting
- Educating students about the importance of health (and herd immunity!)

Needs Addressed:

- **Overall health** of the Worcester community
 - Increase herd immunity
- **Access** to vaccinations:
 - Done in the schools during the actual school day
 - Parents do not need to be present
 - Consent forms printed in 6 different languages
 - No insurance needed
- **Statistics:**
 - immunization rates before and after the flu clinics
 - Population that is under-insured
- **Inspire** children of lower income backgrounds to learn about careers in healthcare
 - Demographics of medical community does not match that of the population it serves

- **Collaboration** amongst the many affiliated medical centers and colleges in the area:
 - MCPHS
 - QCC Nursing
 - UMass
 - Fitchburg State



<http://nymaq.com/strategist/article/best-kids-doctor-kits-amazon.html>

~1750

Vaccines administered in the first week

with

~1200

Consents for Week 2

Number of Students Vaccinated at WPS School Flu Vaccination Clinics (2015-18):

2015: 1179

2016: 1175

2017: 1174

2018: 2243

What We Learned:

- Worcester is a HUGE city
- Rich diversity of the Worcester population
- Many language barriers
- Large underserved community
 - Requires many moving parts to engage families in the flu clinics
- Vast differences amongst different age groups
- Great differences amongst the numerous WPS



<https://i.pinimg.com/originals/50/c4/c7/50c4c716c6591ce2f5c2983ff91ea19b.jpg>

Acknowledgements

Thank you!

Worcester Public Schools Nursing Administration (Dr. Debra McGovern, Catherine Perry, Diane Cowes, Kristin McFarland)

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Central Community Branch YMCA

Boys and Girls' Club of Worcester YouthConnect (Judi Kirk)

Worcester State University (Dr. Lori Dawson)

Worcester Addresses Childhood Trauma (ACTs) (Amy Ebbeson)



UMassMemorial
Medical Center



EDWARD M.
KENNEDY
COMMUNITY
HEALTH CENTER



BOYS & GIRLS CLUB
OF WORCESTER

WORCESTER
ACT's
Addresses Childhood Trauma



WORCESTER
STATE
UNIVERSITY

Questions?

(Presentation Guidelines)

- *Peer and community learning session with 10-minute oral presentations that*
 - *Use data to describe and characterize the population that was the focus of the team's work.*
 - *Share key points gleaned from experience in community.*
 - *Discuss lessons learned through interprofessional exposure and service activity.*
 - *Explain actual and potential advocacy strategies relevant to improving a population's health, highlighting roles and responsibilities for various actors/sectors doing this work.*

Suggestions

fix numbers