

DFMCH Vision 2030: Next Steps

Belonging and Engagement

Department Annual Retreat
333 South Street, Shrewsbury, MA

Thursday, May 11, 2023

AGENDA

Retreat Goals:

- Revisit DFMCH Vision 2030
- Promote Advocacy Efforts for Primary Care
- Provide Faculty Development
- Build a Culture of Mentorship

Thursday May 11, 2023	
12:00 - 1:00	Lunch and Gathering with Optional Topic Tables - Cafeteria
1:00 - 1:45	Welcome and Setting the Stage - Amphitheater <ul style="list-style-type: none"> • Vision 2030 Progress, Next Steps <i>Diane McKee, MD, MS & Philip Day, PhD</i>
1:45 - 2:30	Advocacy: Influencing the Legislative Process to Improve the Future of Family Medicine - Amphitheater <i>Ron Adler, MD, FAAFP & Dennis Dimitri, MD, FAAFP</i>
2:30 - 2:45	Break - beverage & snack - Back of Amphitheater
2:45 - 4:00	Breakout Sessions: <ul style="list-style-type: none"> • Belonging – Restorative Justice - Germany <i>Jennifer Bradford, MD, MPH, Heather-Lyn Haley, PhD, Lynn Hernandez, PhD</i> • MCH - Shoulder Dystocia for Family Physicians (Risk Management Credit) - France <i>Josephine Fowler, MD, MBA, Kristina Gracey, MD, MPH Tracy Kedian, MD, Sara Shields, MD, MS, FAAFP, Claudeleedy Pierre, MD</i> • Epic Mastery - New Best Practices & Efficiency Workshop (Laptops required) - Italy <i>Henry Del Rosario, MD, Megan Brochu, MD, Nick Hajj, MD, Jeanette Ryan Alkasab, MD</i> • Educational Scholarship - Canada <i>Philip Day, PhD</i> • Using Medical Humanities to Enhance Your Teaching - South Street Board Room <i>Hugh Silk, MD, MPH</i> • Advocacy: Strategies, Skills, and Priorities - Amphitheater <i>Ron Adler, MD, FAAFP & Dennis Dimitri, MD, FAAFP</i>
4:00 - 4:15	Break
4:15 - 4:45	Building a Culture of Mentorship: Better than Ourselves - Amphitheater <i>Stacy Potts, MD, Med</i>
4:45 - 5:00	Closing - Amphitheater <i>Diane McKee, MD, MS</i>
5:00 - 6:30	Networking Reception - with hors d'oeuvre, cash bar, and musical entertainment - Outdoor Patio & Cafeteria

Lunch and Gathering with Optional Topic Tables - *Cafeteria*

- Treating Obesity in Primary Care - *Beth Mazyck*
- Moms in Medicine - *Kristina Gracey*
- The IRB - What, Where, When, and How - *Judy Savageau*
- Osteopathic Approach to Patient Care - *Charles Lehnardt*
- Depression/Mental Health in Primary Care - *Alison Karasz*
- Experience in Providing Medical Care for Ukrainian Refugees in Poland, and for Providing Medical Care in Malawi - *Brian Lisse*

AAFP Continuing Medical Education Credits

Plenary:

Advocacy: Influencing the Legislative Process to Improve the Future of Family Medicine (.75 CME credit)

Ron Adler, MD, FAAFP & Dennis Dimitri, MD, FAAFP

This session will provide a review of the importance of advocacy in influencing health policy, including examples of success stories. Insights about the legislative process and the role of advocacy will be shared, and current legislative initiatives relevant to Family Medicine will be reviewed. Opportunities for engagement in advocacy activities will be identified and a brief primer on how to be an effective advocate will be provided.

At the conclusion of this presentation participants will be able to:

1. Understand the importance of advocacy: "If you aren't at the table, you're on the menu!"
2. Appreciate the impact health care providers can have on the legislative process.
3. Learn about current legislative activities relevant to Family Medicine.
4. Identify opportunities for engagement in advocacy activities.

Breakout Sessions:

Belonging – Restorative Justice (1.25 CME credit)

Jennifer Bradford, MD, MPH, Heather-Lyn Haley, PhD, Lynn Hernandez, PhD

Rooted in indigenous traditions, Restorative Justice (RJ) emphasizes building community and repairing harm by creating space for stakeholders to engage in meaningful dialogue about substantive issues that impact community and individual functioning. During RJ practice, members of a community work together to identify and gain mutual understanding of the personal and collective sources of disconnection, create the conditions for building or rebuilding trust, and promote restorative conversations, particularly following incidents where harm was experienced. Community members practice listening with empathy. Also, members learn to constructively communicate needs and strengthen their sense of belonging and ownership within the community. In this workshop, participants will:

At the conclusion of this presentation participants will be able to:

1. Learn about the basic principles of restorative justice, focusing on restorative dialogue for problem solving.
2. Learn how to use a restorative dialogue guide to practice having a difficult conversation.
3. Practice engaging in restorative dialogue for problem solving through a case study presentation.

Shoulder Dystocia for Family Physicians (1.25 risk management CME credit)

Josephine Fowler, MD, MBA, Kristina Gracey, MD, MPH Tracy Kedian, MD, Sara Shields, MD, MS, FAAFP, Claudeleedy Pierre, MD

This session will help maternity and newborn care providers to effectively identify and respond to the commonly encountered obstetrical emergency of shoulder dystocia using an interprofessional and team-based strategy. Attendees will learn a coordinated care approach to newborns affected by shoulder dystocia.

At the conclusion of this presentation participants will be able to:

1. Summarize team preparation for shoulder dystocia including documentation.
2. Coordinate timely multidisciplinary care of the neonate affected by shoulder dystocia.
3. Cite evidence for care in subsequent pregnancies after prior shoulder dystocia.
4. Practice techniques for intrapartum shoulder dystocia care.

Epic Mastery - New Best Practices & Efficiency Workshop (Laptops required) (1.25 CME credit)

Henry Del Rosario, MD, Megan Brochu, MD, Nick Hajj, MD, Jeanette Ryan Alkasab, MD

This workshop will concentrate on individual needs with the Epic EMR system, helping users to better utilize the features of the software. Users will leave the workshop with a better understanding of the usefulness of Epic in assisting them with their clinic responsibilities.

At the conclusion of this presentation participants will be able to:

1. Review new best practices for In basket and notes in Epic.
2. Review new best practices for billing.
3. Individual one-on-one personalization and optimization study hall/workshop.

Educational Scholarship (1.25 CME credit)

Philip Day, PhD

In this session, attendees will learn the fundamentals of educational scholarship in healthcare and will have the opportunity to develop their ideas and research partnerships.

Upon completion of this session, participants will be able to:

1. Describe the steps of planning, conducting, and disseminating educational scholarship.
2. Identify at least (3) forms of educational scholarship relevant to their professional advancement.
3. Describe the (4) Kirkpatrick Levels of educational evaluation and research.

Using Medical Humanities to Enhance Your Teaching (1.25 CME credit)

Hugh Silk, MD, MPH

Today's learners no longer are interested in lectures. Medical educators need to be more creative in their approaches to teaching. Medical Humanities are one tool that can be used to make learning more engaging. During this session, we will discuss, various forms of medical humanities, including photography, artwork, recorded stories, poetry, and more, and how to use them, in various ways. Medical humanities, also help us to better understand where our patients are coming from and start to address the issues of health equity. At the conclusion of this session educators will have a better idea where, and how to choose a medical humanities piece, and use it as pre-work, during a session, or after a class to deepen the lesson of the day.

At the conclusion of this presentation participants will be able to:

1. Incorporate different types of medical humanities in to teaching core topics with the residents in medical students.
2. Be creative with using different media pre-session, during the session, or after the session with learners.
3. Discover where to find various medical humanities resources.

Advocacy: Strategies, Skills, and Priorities (1.25 CME credit)

Ron Adler, MD, FAAFP & Dennis Dimitri, MD, FAAFP

Participants will have an opportunity to dig deeper into advocacy as we explore opportunities, elaborate strategies, and develop skills for advocacy with legislators and others. We also plan to brainstorm future advocacy and legislative priorities, and we will elicit input from participants about this.

At the conclusion of this presentation participants will be able to:

1. Learn how family physicians can distinguish themselves as effective advocates.
2. Understand how to disagree without being disagreeable as you advocate.
3. Know what our specialty organizations can do for us.
4. Consider opportunities for collaboration with community organizations and other stakeholders.
5. Create a wish list for future advocacy and legislative priorities.

Plenary

Building a Culture of Mentorship: Better than Ourselves – Amphitheater (.50 CME credit)

Stacy Potts, MD, MEd

Mentorship refers to a collaborative, trusting relationship with shared intentionality and responsibility for the outcomes of the relationship. This session will explore the development of a culture of mentorship in the Department and launch a new program for mentorship. Dyadic relationships in mentorship between two individuals are effective in task-oriented goals, such as research projects, writing a paper, or specific career development steps. Our new department program will build mentorship circles that focus more broadly on career development providing aspects of both psychosocial and career support, and include role modeling, advising, sponsorship, and helping the mentee develop a supportive network of other mentors and peers.

At the conclusion of this presentation participants will be able to:

1. Understand benefits of a culture of mentorship.
2. Explore mentorship program models.
3. Engage with the new DFMCH mentorship program.