

SYSTEMS PRACTICE GUIDE: CONTENT DISCLOSURES

- Topics that may be upsetting should be disclosed to allow learners and instructors to prepare, and to support psychological safety.
- Content disclosures delivered immediately before upsetting material can produce more anxiety than they allay.
- Timing, framing, and offering alternate educational opportunities are key to successful content disclosures.



Provide advance notice

Ideally in the syllabus – so that learners have time to prepare themselves and request accommodations, if needed.

01



Write it before you say it

Most learners prefer written disclosures – so they have the opportunity to prepare.

02



Provide alternatives

Don't make learners decide between receiving course content or "missing out" to protect themselves.

03



Is the topic necessary?

If material evokes traumatic responses in learners, consider whether the educational goal can be reached in other ways.

04

