

## What is Integrated Care and Why is it Important?

2014 Massachusetts Department of Mental Health Research Centers of Excellence Conference

Worcester, MA

Thursday, March 27, 2014

8:15 - 9:00      **Registration, Coffee and Poster Set Up**

### Welcome and Introductions

9:00 – 9:05      Carl Fulwiler - *Director, Center for Mental Health Services Research*

9:05 – 9:10      Kathy Sanders –*Deputy Commissioner for Clinical & Professional Services, MA Department of Mental Health*

### Behavioral Health Integration: A Policy and Practice Priority

9:10 – 9:25      Marcia Fowler –*Commissioner, MA Department of Mental Health*

### The Value of Integrated Care

9:25 – 9:40      A. Kathryn Power – *Regional Administrator, Substance Abuse and Mental Health Services Administration*

### Morning Presentations

9:40 – 10:10      Primary Care and Behavioral Health Integration at Community Healthlink – *Marie Hobart, Monika Kolodziej, & Liz Clinkscales*

10:10 – 10:40      The Massachusetts Mental Health Center's Wellness & Recovery Medicine (WaRM) Center: A Health Home for People with Serious Mental Illness - *Mark Viron & Gail Levine*

10:40 – 11:10      Discussion – *Larry Seidman*

11:10-11:30      **Mindfulness Activity** – *Carl Fulwiler*

11:30-12:45      **Lunch** (on your own)

11:30-12:45      **Poster Session**

### Afternoon Presentations

12:45 – 1:15      Integrating Health and Wellness Activities: Impact on Recovery – *Colleen McKay*

1:15 – 1:45      Mental illness throughout Parenthood: Strategies for Supporting Families– *Cindy Liu*

1:45 – 2:15      Discussion – *Kate Biebel*

2:15-2:30      **Break**

### Participatory Workgroups

2:30 – 3:30      Breakout groups

#1: Treating the Mind and Body: A Consumer Perspective on Whole Health Management – *Amanda Costa & Gillian Simons*

#2: Barriers to Shared Decision Making: Improving the Dialogue – *Theo Manschreck & Linda Larson*

#3: The Role of Peer Specialists in Integrating Care – *Deborah Delman & Jonathan Delman*

#4: Psychotropic Medications: Managing Side Effects, Educating Yourself, and Weighing the Pros and Cons – *Matcheri Keshavan & Joanne Wojcik*

3:30 – 3:45      Workgroup report back and discussion

### Wrap-Up and Final Remarks

3:45 – 4:00      Carl Fulwiler & Larry Seidman